FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

	OMB Number:	3235-0287
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1	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

affirmative defense 10b5-1(c). See Inst						
1. Name and Address Malhari Anna	s of Reporting Person *		2. Issuer Name and Ticker or Trading Symbol Veris Residential, Inc. [VRE]		onship of Reporting Person(s) ill applicable) Director	to Issuer
(Last) C/O VERIS RES	(First) (Middle) RIS RESIDENTIAL, INC.		3. Date of Earliest Transaction (Month/Day/Year) 03/07/2025	X	Officer (give title below) VP & CHIEF OPERATIN	Other (specify below)
HARBORSIDE 3 (Street) JERSEY CITY	, 210 HUDSON ST	07311	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individ	lual or Joint/Group Filing (Che Form filed by One Reporting Form filed by More than One	Person
(City)	(State)	(Zip)				

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (In 8)			4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		Securities	Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
			Code	v	Amount (A) or (D) Price		(Instr. 3 and 4)		(Instr. 4)	
Time Vesting Restricted Stock Units	03/07/2025		A ⁽¹⁾⁽²⁾		30,248	A	\$0 ⁽¹⁾	100,727	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	xercise (Month/Day/Year) if any (Month/Day/Year) Code (Instr. Securities Acquired (A) vative or Disposed		ate	d 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)					
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Performance Vesting Restricted Stock Units	\$0 ⁽³⁾	03/07/2025		A		29,492		(4)	(4)	Common Stock, \$0.01 par value	29,492	\$0 ⁽³⁾	29,492	D	
Outperformance Vesting Restricted Stock Units	\$0 ⁽⁵⁾	03/07/2025		A		30,248		(6)	(6)	Common Stock, \$0.01 par value	30,248	\$0 ⁽⁵⁾	30,248	D	

Explanation of Responses:

- 1. On March 7, 2025, the reporting person was granted time vesting restricted stock units (each, a "TVRSU"). Each TVRSU represents a contingent right to receive one share of common stock, \$0.01 par value (the "Common Stock"), of Veris Residential, Inc. (the "Company").
- 2. The TVRSUs vest in three equal annual installments beginning March 7, 2026.
- 3. On March 7, 2025, the reporting person was granted performance vesting restricted stock units (each, a "PVRSU"). Each PVRSU represents a contingent right to receive one share of Common Stock.
- 4. Fifty percent (50%) of the PVRSUs may vest over a three year period based on the attainment of absolute total stockholder return ("TSR") metrics by the Company over a three year performance period. The remaining fifty percent (50%) of the PVRSUs may vest over a three year period based on the Company's TSR relative to the TSR of a select group of twelve (12) peer REITs over the same three year performance period. PVRSUs may vest between 0% and 160% of the "target" performance level (the number of shares listed herein).
- 5. On March 7, 2025, the Company granted the reporting person outperformance vesting restricted stock units (each, a "OPVRSU"). Each OPVRSU represents a contingent right to receive one share of Common Stock.
- 6. The OPVRSUs may vest on March 6, 2028 from 0% to 100% based on the attainment of certain levels of adjusted funds from operations per share for the Company's fiscal year ending December 31, 2027.

03/11/2025 /s/ Anna Malhari Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure,

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