FORM 4

# **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL

OMP Number	2225 020

0.5

Estimated average burden STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

# Check this box if no longer subject to

Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

	or Section 30(h) of the Investment Company Act of 1940
Check this box to indicate that a	
transaction was made pursuant to a	
contract, instruction or written plan for the	
purchase or sale of equity securities of the	
issuer that is intended to satisfy the	
affirmative defense conditions of Rule	

1. Name and Address of Reporting Person *  MACFARLANE VICTOR B			2. Issuer Name and Ticker or Trading Symbol Veris Residential, Inc. [ VRE ]	 ionship of Reporting Pers all applicable) Director	on(s) to Issuer
(Last)	Last) (First) (Middle)		3. Date of Earliest Transaction (Month/Day/Year) 06/26/2024	Officer (give title below)	Other (specify below)
C/O VERIS RES	· · · · · · · · · · · · · · · · · · ·		4. If Amendment, Date of Original Filed (Month/Day/Year)	(Check Applicable Line)	
(Street) JERSEY CITY	NJ	07311		Form filed by More that	n One Reporting Person
(City) (State) (Zip)		(Zip)			

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	 3. Transac Code (In 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
		Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock, \$0.01 par value	06/26/2024	A <sup>(1)</sup>		8,904	A	<b>\$0</b> <sup>(1)</sup>	28,436	D	

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	 3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)		Derivative		Expiration Day/\			8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		

#### **Explanation of Responses:**

1. On June 26, 2024, the reporting person was granted 8,904 restricted shares of common stock pursuant to the 2024 Incentive Stock Plan of Veris Residential, Inc. The shares shall vest on the earlier to occur of (a) June 26, 2025, or (b) the date of the 2025 annual meeting of stockholders of Veris Residential, Inc.

/s/ Victor B. MacFarlane

06/28/2024

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.