SEC	Form	4
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## FORM 4

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the

purchase or sale of equity securities of the

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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issuer that is intended to satisfy the affirmative defense conditions of Rule		
10b5-1(c). See Instruction 10. I. Name and Address of Reporting Person <sup>*</sup> Fielder Taryn D.	2. Issuer Name <b>and</b> Ticker or Trading Symbol Veris Residential, Inc. [ VRE ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner
(Last) (First) (Middle) C/O VERIS RESIDENTIAL, INC.	3. Date of Earliest Transaction (Month/Day/Year) 03/18/2024	Director         It % Owner           X         Officer (give title below)         Other (specify below)           EVP, GENERAL COUNSEL & SEC.
HARBORSIDE 3, 210 HUDSON STREET Street) JERSEY CITY NJ 07311 (City) (State) (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person
	n-Derivative Securities Acquired Disposed of or Bene	 ficially Owned

rivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	<ul> <li>Transaction(s) (Instr. 3 and 4)</li> </ul>		(Instr. 4)
Common Stock, \$0.01 par value	03/18/2024		F <sup>(1)</sup>		2,626	D	\$14.808	60,293	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transac Code (Ir 8)			6. Date Exerc Expiration Da (Month/Day/Y	ate Securities Underly		nderlying ecurity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		

Explanation of Responses:

1. Forfeiture of shares for net share settlement of taxes on shares issued upon vesting of time vesting restricted stock units.

## /s/ Taryn D. Fielder

\*\* Signature of Reporting Person

03/20/2024 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.