## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
Estimated average burden						
nours per response	e 0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
Name and Address of Reporting Person * CALI JOHN R				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]						_X_ Direc	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner					
	CK-CALI	(First) REALTY 343 THORN		3. Date of Earliest Transaction (Month/Day/Year) 12/07/2010						Office	r (give title belo	ow)	Other (specify	pelow)		
(Street) EDISON, NJ 08837				4. If Amendment, Date Original Filed(Month/Day/Year)						_X_ Form fil	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City	)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1.Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Y			2A. Deemed Execution Date, if any (Month/Day/Year)		if C	(Instr. 8)		(A) or Disposed of (D) (Instr. 3, 4 and 5)		of	Beneficial	nt of Securities Illy Owned Following Transaction(s) and 4)		Form: Direct (D)	7. Nature of Indirect Beneficial Ownership	
							Code	V	Amou	(A) or (D)	Pric	Price			or Indirect (I) (Instr. 4)	(Instr. 4)
Common	Stock		12/07/2010				A <sup>(1)</sup>		2,087 (1)	A	\$ 0 (1)	139,588			D	
Reminder:	Report on a s	separate line foi		Derivati	ve Secur	ities A	Acquir	Perso conta the fo	ons whained in orm dis	no respo n this fo splays a of, or Be	orm a cur nefic	o the collector not requirently valid	uired to res	spond unle	ss	1474 (9-02)
	1	I			s, calls, v		nts, op	1		tible secu			1			1
Security	2. 3. Transaction Conversion or Exercise Price of Derivative Security  3. Transaction Date (Month/Day/Y		Execution Da any	te, if Transaction Code (Instr. 8)		of Der Sec Acc (A) Dis of (	Number				A U Se	Title and mount of nderlying eccurities nstr. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivat Security Direct ( or Indir	Beneficia Ownershi (Instr. 4)
				(	Code V	(A)	(D)	Date Exerc		Expiration Date	on Ti	Amount or Number of Shares				

# **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
CALI JOHN R C/O MACK-CALI REALTY CORPORATION 343 THORNALL STREET EDISON, NJ 08837	X						

### **Signatures**

/s/ John R. Cali	12/09/2010
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 7, 2010, the reporting person was granted 2,087 restricted shares of common stock pursuant to the 2004 Incentive Stock Plan of Mack-Cali Realty Corporation. The shares shall vest on January 1, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.