FORM	4
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Check this box if	no
longer subject to	
Section 16. Form	14 or
Form 5 obligation	ns
may continue. Se	e
Instruction 1(b).	

(Print or Type Perponses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respons	(68)		1								
1. Name and Address BERGER MART	2. Issuer Name MACK CALI			0,		4	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) C/O MACK-CAL CORPORATION,		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 12/16/2009)	Officer (give title below)	Other (specify b	below)
(Street) EDISON, NJ 08837			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
(Instr. 3)		Date	any	Code (Instr. 8)		4. Securities Acquired (A or Disposed of (D) (Instr. 3, 4 and 5)		(D)	Beneficially Owned Following Reported Transaction(s)	Ownership Form: of Ind Benefi	Beneficial
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock		12/16/2009		S		226	D	\$ 34.93	4,544	D	
Common Stock		12/16/2009		S		1,467	D	\$ 34.94	3,077	D	
Common Stock		12/16/2009		S		933	D	\$ 34.9425	2,144	D	
Common Stock		12/16/2009		S		174	D	\$ 34.95	1,970	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, caus, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.	5.		6. Da	ite Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	n N	umber	umber and Expiration Date		Amo	unt of	Derivative	Derivative	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code	of	f	(Month/Day/Year)		Unde	rlying	Security	Securities	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	D	erivati	ivative		Securities (Instr. 5		(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative				S	ecuritie	urities		(Instr. 3 and			Owned	Security:	(Instr. 4)	
	Security				Α	cquired	l			4)			Following	Direct (D)	
					· ·	A) or							Reported	or Indirect	
						isposed	l						Transaction(s)	< / <	
						f (D)							(Instr. 4)	(Instr. 4)	
						nstr. 3,									
					4,	, and 5)									
											Amount				
							Data		Emination		or				
							Date	cisable	Expiration Date	Title	Number				
							Exerc	cisable	Date		of				
				Code V	/ (.	A) (E)				Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
BERGER MARTIN S C/O MACK-CALI REALTY CORPORATION 343 THORNALL STREET EDISON, NJ 08837	Х						

Signatures

/s/ Martin S. Berger		12/18/2009
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Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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