FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(Print or Type Per

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting MACK DAVID S	2. Issuer Name MACK CALI					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_Director 10% Owner				
(Last) (First) C/O MACK-CALI REALT CORPORATION, 343 THO		3. Date of Earliest Transaction (Month/Day/Year) 12/11/2009					Officer (give title below)	Other (spec	ify below)	
(Street) EDISON, NJ 08837		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Т	able I - N	on-D	erivative	Securi	ties Acq	uired, Disposed of, or Beneficia	lly Owned	
Title of Security 2. Transaction Instr. 3) Date (Month/Day/Year)		2A. Deemed Execution Date, if any			(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form:	Beneficial
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)		Ownership (Instr. 4)
Common Stock	12/11/2009		S		5,000	D	\$ 34	40,292 ⁽¹⁾	Ι	By Charitable Foundation
Common Stock	12/14/2009		S		5,000	D	\$ 34.25	35,292 (1)	I	By Charitable Foundation
Common Stock	12/14/2009		S		5,000	D	\$ 34.5	30,292 (1)	I	By Charitable Foundation
Common Stock	12/14/2009		S		5,000	D	\$ 34.75	25,292 (1)	Ι	By Charitable Foundation

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (a.g., puts, calls, warrants, options, convertible securities)

(e.g., puts, cans, warrants, options, convertible securities)																	
1. Title of			3A. Deemed	4.	5.			6. Date Exer		7. Tit	le and	8. Price of	9. Number of		11. Nature		
Derivative	Conversion	Date	Execution Date, if	Transactio	n N	lumbo	er	and Expirati	on Date	Amou	unt of	Derivative	Derivative	Ownership	of Indirect		
Security	or Exercise	(Month/Day/Year)	any	Code	ot	f		(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial		
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	D) eriva	tive			Secur		rities	(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative				S	ecuri	ties	i i i i i i i i i i i i i i i i i i i		(Inst		(Instr	. 3 and		Owned	Security:	(Instr. 4)
	Security				Α	cquii	red			4)			Following	Direct (D)			
					(/	A) or							Reported	or Indirect			
					D	Dispos	sed						Transaction(s)	(I)			
						f (D)							(Instr. 4)	(Instr. 4)			
					· ·	nstr.	· · ·										
					4,	, and	5)										
											Amount						
								Dete	E		or						
									Expiration	Title	Number						
								Exercisable	Date		of						
				Code V	7 (.	A)	(D)				Shares						

Reporting Owners

	Relationships			
Reporting Owner Name / Address	Director	10% Owner	Officer	Other

Signatures

/s/ David S. Mack	12/15/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Reported amount represents shares of common stock indirectly beneficially owned by reporting person through The David and Sondra Mack Foundation, Inc. (the
 (1) "Foundation"), a charitable foundation of which the reporting person is a trustee, and excludes 7,490 shares of common stock directly beneficially owned by the reporting person. Pursuant to Rule 13d-4, the reporting person disclaims beneficial ownership of all of the shares of common stock beneficially owned by the Foundation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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