## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

		s)													
1. Name and Address of Reporting Person * KATZ A. AKIVA			2. Issuer Name and Ticker or Trading Symbol Veris Residential, Inc. [VRE]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_ Director 10% Owner						
(Last) (First) (Middle) C/O BOW STREET LLC, 595 MADISON AVENUE, 29TH FLOOR  (Street)  NEW YORK, NY 10022			3. Date of Earliest Transaction (Month/Day/Year) 04/01/2022					-	Officer (give title below)  Other (specify below)  6. Individual or Joint/Group Filing(Check Applicable Line)  X_Form filed by One Reporting Person  Form filed by More than One Reporting Person				v)		
			4. If Amendment, Date Original Filed(Month/Day/Year)											)	
(City) (State) (Zip)			(Zip)	Table I - Non-Derivative Securities Acqu						ties Acquire	lired, Disposed of, or Beneficially Owned				
1.Title of S (Instr. 3)	1.Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Ye		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.		(A) or (Instr.	4. Securities Acquire (A) or Disposed of (I (Instr. 3, 4 and 5)  (A) or Amount (D) Pr				( F I c c c c c c c c c c c c c c c c c c	Ownership orm: Oirect (D) r Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
		•	class of securities o	CHCHCian	y owned dire	ectly or	indirectl	•		14 41				250	
				- Deriva	tive Securit	ies Acq	Pers in th a cu uired, D	sons what is form rrently	n are not valid ON	required to the second to the second to the second tender tender to the second tender					1474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		Table II  3A. Deemed Execution Date, if	- Deriva (e.g., pt 4. Transact Code	tive Securitiuts, calls, was 5. Numbion Derivati	ies Acq arrants, per of ve es d (A) or d of (D)	Persin tha cu	sons what is form rrently	of, or Berrtible securisable n Date	required to the control deficially Overities)  7. Title and	o respond unumber.  wned  Amount of Securities		9. Number of Derivative Securities Beneficially Owned Following Reported	10. Owners! Form of Derivati Security Direct (I or Indire	11. Natur of Indire Beneficia ve Ownersh (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	Table II  3A. Deemed Execution Date, if any	- Deriva (e.g., pt 4. Transact Code	tive Securituts, calls, was 5. Numl ion Derivati Securiti Acquire Dispose (Instr. 3	ies Acq arrants, per of ve es d (A) or d of (D), , 4, and	Persin that a cultivate of the cultivate	isposed converte Exerci ete Exerci eth/Day/Y	of, or Bertible secuisable n Date Year)	required to the control deficially Orities)  7. Title and Underlying	o respond unumber.  wned  Amount of Securities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following	10. Owners! Form of Derivati Security Direct (I or Indire	11. Naturof Indire Beneficio Ownersh (Instr. 4)

### **Reporting Owners**

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
KATZ A. AKIVA C/O BOW STREET LLC 595 MADISON AVENUE, 29TH FLOOR NEW YORK, NY 10022	X				

#### **Signatures**

/s/ A. Akiva Katz	04/05/2022
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The phantom stock units convert to common stock on a one-for-one basis.
- (2) The number of phantom stock units awarded is comprised of a quarterly director's fee earned under the Veris Residential, Inc. Deferred Compensation Plan for Directors.
- (3) The phantom stock units were accrued under the Veris Residential, Inc. Deferred Compensation Plan for Directors and are to be settled 100% in Veris Residential, Inc. common stock upon the termination of the reporting person's service on the Board of Directors of Veris Residential, Inc. or upon a change in control of Veris Residential, Inc.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.