| FORM | 4 |
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| Check this box if no | |
|------------------------|-----|
| longer subject to Sect | ion |
| 16. Form 4 or Form 5 | |
| obligations may | 1 |
| continue. See | 1 |
| Instruction 1(b). | |

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Responses) | | | | | | | | | | | | |
|--|---------|-------|--|------|------------------------|--------|---------------|---|--|---|--|--|
| 1. Name and Address of Reporting Person [*] – Nia Mahbod | | | 2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI] | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director10% Owner | | | |
| (Last) C/O MACK-CALI RE CORPORATION, HA ST., STE. 400 | | | 3. Date of Earliest Transaction (Month/Day/Year) 06/09/2021 | | | | | X_Officer (give title below) Oth Chief Executive Offi | er (specify below cer | v) | | |
| (Street) JERSEY CITY, NJ 07311 | | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) | (State) | (Zip) | Table I - Non-Derivative Securities Acqu | | | | | | nired, Disposed of, or Beneficially Owned | l | | |
| 1.Title of Security (Instr. 3) | , | | Execution Date, if Code | | (A) or Disposed of (D) | | | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | | 7. Nature of Indirect Beneficial Ownership | | |
| | | | (montal Day) (car) | Code | V | Amount | (A) or (D) | Price | × , | or Indirect (I) (Instr. 4) | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in SEC 1474 (9-02) this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

| (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | |
|--|-----------------|---------------------------|--------------------|------------|-----|----------------------|--------------|---------------------|---------------------|---------------------|---------------|-----------------|------------------------------|-------------------|-------------|
| 1. Title of | 2. | 3. Transaction | 3A. Deemed | 4. | | 5. Number of | | 6. Date Exercisable | | 7. Title and Amount | | 8. Price of | 9. Number of | 10. | 11. Nature |
| Derivative Security | Conversion | Date | Execution Date, if | Transact | ion | Derivative | Derivative a | | and Expiration Date | | of Underlying | | Derivative | Ownership | of Indirect |
| (Instr. 3) | or Exercise | (Month/Day/Year) | | Code | | | | (Month/Day/Year) | | Securities | | Security | Securities | Form of | Beneficial |
| | Price of | | (Month/Day/Year) | (Instr. 8) | | | | | (Instr. 3 and 4) | | (Instr. 5) | Beneficially | | Ownership | |
| | Derivative | | | | | or Disposed of | | | | | | 2 | (Instr. 4) | | |
| | Security | | | | | (D) | | | | | | Direct (D) | | | |
| | | | | | | (Instr. 3, 4, and 5) | | | | | 1 | or Indirect | | | |
| | | | | | | and 5) | | | | | | | Transaction(s) (Instr. 4) | (1) (Instr. 4) | |
| | | | | | | | | | | | Amount | | (IIISU. 4) | (11150.4) | |
| | | | | | | | | Date | Expiration | Title | or | | | | |
| | | | | C . 1. | v | | | Exercisable | Date | | Number | | | | |
| | | | | Code | V | (A) | (D) | | | | of Shares | | | | |
| Outperformance | | | | | | | | | | Common | | | | | |
| Vesting | | | | | | | | | | Stock, | | | | _ | |
| Restricted Stock | \$ 0 <u>(1)</u> | 06/09/2021 ⁽¹⁾ | | Α | | 122,926 | | <u>(2)</u> | <u>(2)</u> | \$0.01 par | 122,926 | \$ 0 <u>(1)</u> | 122,926 | D | |
| Units | | | | | | | | | | value | | | | | |
| Units | | | | | | | | | | value | | | | | |

Reporting Owners

| | Relationships | | | | | | | |
|---|---------------|--------------|-------------------------|-------|--|--|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | | | |
| Nia Mahbod C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311 | Х | | Chief Executive Officer | | | | | |

Signatures

| /s/ Mahbod Nia | 06/11/2021 | |
|---------------------------------|------------|--|
| **Signature of Reporting Person | Date | |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On April 21, 2021, Mack-Cali Realty Corporation (the "Company") granted the reporting person outperformance vesting restricted stock units (each, a "OPVRSU"). Each OPVRSU represents represents a contingent right to receive one share of the Company's common stock, \$0.01 par value per share (the "Common Stock"). The OPVRSUs were granted expressly subject to and (1) conditioned upon (and could not be exercised, in whole or in part, until) the approval by the Company's stockholders at or before the Company's 2021 Annual Meeting of Stockholders (the "Annual Meeting") of a sufficient increase in the number of Shares available for issuance under the Company's 2013 Incentive Stock Plan to cover the OPVRSUs, which approval was obtained at the Annual meeting on June 9, 2021.

(2) The OPVRSUs may vest on April 20, 2024 from 0% to 100% based on the attainment of certain levels of adjusted funds from operations per share for the Company's fiscal year ending December 31, 2023.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.