FORM 4

longer subject to

may continue. See

Instruction 1(b).

Section 16. Form 4 or Form 5 obligations

UNITED STATES SECURITIES A Washington,

TED	STATES	SECURITIES	AND	EXCHANGE	COMMISSION
		Washington	n. D.C	C. 20549	

OMB APPROVAL							
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Typ	e Responses	s)															
1. Name and Address of Reporting Person* REID IRVIN D				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director						
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, HARBORSIDE 3, 210 HUDSON ST., STE. 400				3. Date of Earliest Transaction (Month/Day/Year) 04/02/2020								_	Officer (give t	title below)	Other (specify below)	
·				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person						
(City	y)	(State)	(Zip)	Table I - Non-Derivative Securities Acqui						es Acquire	ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea				Date, if	3. Trans Code (Instr. 8	(A) or		or Dispo	or Disposed of (D)		5. Amount of Securities Ber Owned Following Reported Transaction(s)		Or Fo	wnership orm:	eneficial		
			(Month/Da		Pay/Year)	Code	; \ \	/ An		A) or (D)		nstr. 3 and 4)		or (I)	Indirect (D) (Indirect (D)		
Reminder: I	Report on a s	eparate line for each		- Deriv	ative	e Securitie	es Acqu	Per in t a co	sons his fo urrent	rm are r tly valid ed of, or	ot re OME	equired to B control eficially Ov	o respond ui number.		on contained form displays		174 (9-02)
Derivative	2. Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execution Date, if	4. Transaction Code (Instr. 8)		5. Number of		6. Da	ptions, convertible secu 6. Date Exercisable and Expiration Date (Month/Day/Year)		7 U		Securities Derivative		Derivative Securities Beneficially Owned Following		Beneficia Ownershi (Instr. 4)
				Code	V	(A)	(D)	Date Exer	cisable	Expirat Date	ion 7	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)	(I) (Instr. 4)	
Phantom Stock Units	\$ 0 (1)	04/02/2020		A		1,966.8 (2)	62		(3)	(3)	. (Common Stock	1,966.862	\$ 14.2	40,205.544	D	

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
REID IRVIN D C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311	X					

Signatures

/s/ Irvin D. Reid	04/06/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The phantom stock units convert to common stock on a one-for-one basis.
- (2) The number of phantom stock units awarded is comprised of a quarterly director's fee earned and a quarterly dividend credited on cumulative phantom stock units under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors.
- (3) The phantom stock units were accrued under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors and are to be settled 100% in Mack-Cali Realty Corporation common stock upon the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.