FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	. Name and Address of Reporting Person * Hilton Nicholas A.			2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, HARBORSIDE 3, 210 HUDSON ST., STE. 400				3. Date of Earliest Transaction (Month/Day/Year) 03/24/2020							X_Officer (give title below) Other (specify below) EVP of Leasing				
JERSEY CITY, NJ 07311				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)			(Zip)	Table I - Non-Derivative Securities Acqu					ies Acqui	ired, Disposed of, or Beneficially Owned					
1.Title of S (Instr. 3)	Security		2. Transaction Date (Month/Day/Year)	2A. Deen Execution any (Month/E	n Date, if	Code (Inst		(A (Ir	Securities Ac) or Disposed str. 3, 4 and 3 (A) o nount (D)	1 of (D) (5)	5. Amount of Owned Follov Transaction(s (Instr. 3 and 4	wing Reporte	ed	Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership Instr. 4)
Reminder:	Report on a s	separate line for eac	h class of securities	beneficial	lly owned	l direc		Persons contain	who respo	rm are r	e collection	l to respon	d unless th		474 (9-02)
Reminder:	Report on a s	separate line for eac	Table II -	Derivativo	e Securit	ies Ac	equire	Persons containe form dis	who respond with this for splays a cur	orm are rerently van	not required alid OMB co	l to respon	d unless th		474 (9-02)
1. Title of	2. Conversion	3. Transaction	Table II - 3A. Deemed Execution Date, in	Derivative (e.g., puts, 4. Transact Code	e Securit, calls, w 5. N fition of E Security Acquired or E of (I	ies Acarrant fumber derivat urities uired (dispose D) tr. 3, 4	cquire ts, op r 6 tive a (I	Persons contain form dis ed, Dispo tions, con	s who responded in this for splays a curl sed of, or Be envertible secretion Date	rm are r rently van neficially urities)	Owned and Amount rlying es	8. Price of	d unless th	f 10. Ownersh Form of Derivativ Security: Direct (I or Indire	11. Nature of Indire Benefici Owners! (Instr. 4)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction	Table II - 3A. Deemed Execution Date, is	Derivative (e.g., puts, 4. Transact Code	e Securit, calls, w calls, w of E Second of E of (i (Instant)	ies Acarrant fumber Derivat arrities aured (Dispose D) tr. 3, 4	cquire ts, op 6 a (I) (A) ed 4,	Persons contained form dissed, Dispositions, contions, contained Expirate Expirate Persons Per	s who respond in this for splays a curl sed of, or Be exertible secretable and the secretable secre	rm are r rently vanifically urities) 7. Title a of Under Securitie (Instr. 3	Owned and Amount rlying es	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	f 10. Ownersh Form of Derivativ Security: Direct (I or Indire	11. Nature of Indire Benefici Owners! (Instr. 4)

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Hilton Nicholas A. C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311			EVP of Leasing			

Signatures

/s/ Nicholas A. Hilton	03/26/2020
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On March 24, 2020, the reporting person received a grant of Class I 2020 LTIP Units (the "Class I Units") of Mack-Cali Realty, L.P. (the "Operating Partnership"). The Class I Units are a class of units of the Operating Partnership that, following the occurrence of certain events and upon vesting are convertible by the holder into an equivalent number of Common Units of the Operating Partnership ("Common Units"). Common Units of the Operating Partnership are redeemable by the holder for cash or, at the election of Mack-Cali Realty Corporation (the "Company"), shares of common stock of the Company on a one-for-one basis or the cash value of such shares.
- Fifty percent (50%) of the Class I Units may vest over a three to five year period based on the attainment of absolute total stockholder return ("TSR") metrics by the Company over a (2) three year periodmance period. The remaining fifty percent (50%) of the Class I Units may vest over a three to five year period based on the Company's TSR relative to the TSR of a peer group of twenty-four REITs over the same three year performance period.
- Reported amounts exclude the following securities directly beneficially owned by the reporting person: (i) 17,007 Class E 2018 LTIP Units, (ii) 8,850 Class F 2018 LTIP Units, (iii) 8,850 Class F 2018 LTIP Units, (iii) 8,937 Class H 2019 LTIP Units. Subject to certain vesting conditions, all of these other classes of LTIP Units of the Operating Partnership may be converted to Common Units on a one-for-one basis.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.