FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	VAL
OMB Number:	3235-0287
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hours per response	0.5

longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response	s)												
Name and Address of Reporting Person * Crockett Deidre				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, HARBORSIDE 3, 210 HUDSON ST., STE. 400				3. Date of Earliest Transaction (Month/Day/Year) 03/24/2020						X Officer (give title below) Other (specify below) EVP, Chief Admin. Officer				
JERSEY CITY, NJ 07311				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)			(Zip)	Table I - Non-Derivative Securities Acqu						ed, Dispose	d of, or Ben	eficially Ow	ied	
1.Title of S (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/D	Date, if		8)	4. Securities Ad (A) or Disposed (Instr. 3, 4 and Amount (D)	1 of (D) O 5) T	Amount of twned Follow ransaction(s nstr. 3 and 4	wing Reporte	ed	Ownership Form: Direct (D) or Indirect I) Instr. 4)	Beneficial Ownership
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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if	4. Transact	5. Nu of De Secur Acqu or Di of (D	mber erivative rities ired (A sposed)	conta form of nired, Dis- options, of 6. Date and Exp (Month/	ined in this for displays a curposed of, or Beconvertible sec	orm are no rrently va eneficially (urities)	ot required lid OMB co Owned and Amount ying	to respond ontrol num	d unless th	f 10. Owners Form of Derivati Security Direct (or Indire	11. Natur of Indired Beneficia Ownersh (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, if any	4. Transact	5. Nu ion of De Secur Acqu or Di of (D (Instr	mber crivative crities ired (A sposed) : 3, 4,	conta form of the following options, of the early options of the early o	ined in this for displays a cu posed of, or Be convertible sec Exercisable piration Date	rently va reneficially (urities) 7. Title ar of Underl Securities (Instr. 3 a	ot required lid OMB co Owned and Amount ying	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	f 10. Owners Form of Derivati Security Direct (or Indire	11. Natur of Indire Beneficia Ownersh : (Instr. 4)

Reporting Owners

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Crockett Deidre C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311			EVP, Chief Admin. Officer		

Signatures

/s/ Deidre Crockett	03/26/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- On March 24, 2020, the reporting person received a grant of Class I 2020 LTIP Units (the "Class I Units") of Mack-Cali Realty, L.P. (the "Operating Partnership"). The Class I Units are a class of units of the Operating Partnership that, following the occurrence of certain events and upon vesting are convertible by the holder into an equivalent number of Common Units of the Operating Partnership ("Common Units"). Common Units of the Operating Partnership are redeemable by the holder for cash or, at the election of Mack-Cali Realty Corporation (the "Company"), shares of common stock of the Company on a one-for-one basis or the cash value of such shares.
- Fifty percent (50%) of the Class I Units may vest over a three to five year period based on the attainment of absolute total stockholder return ("TSR") metrics by the Company over a (2) three year period based on the remaining fifty percent (50%) of the Class I Units may vest over a three to five year period based on the Company's TSR relative to the TSR of a peer group of twenty-four REITs over the same three year performance period.
- (3) Reported amounts exclude the following securities directly beneficially owned by the reporting person: (i) 4,720 Class F 2018 LTIP Units, and (ii) 3,351 Class H 2019 LTIP Units. Subject to certain vesting conditions, all of these other classes of LTIP Units of the Operating Partnership may be converted to Common Units on a one-for-one basis.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.