FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPE	ROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response	3)												
Name and Address of Reporting Person Cardoso Ricardo			2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
CORPO	CK-CALI	HARBORSIDE		3. Date of Earliest Transaction (Month/Day/Ye 03/24/2020			Day/Year)		X_Officer (give title below) Other (specify below) EVP & Chief Investment Officer				ow)	
JERSEY	(Street) SEY CITY, NJ 07311			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City	y)	(State)	(Zip)		Ta	ble I -	Non-Deriva	ative Securiti	es Acquire	d, Dispose	d of, or Ben	eficially Ow	ned	
1.Title of S (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/D	Date, if	3. Tran Code Instr. 8	(A (In	Securities Ac) or Disposed str. 3, 4 and 5	of (D) Ow Tra		wing Report)		Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Reminder:	report on a s	*					Persons	who respo	nd to the	collection	of inform	ation	SEC	1474 (9-02)
Reminder:	report on a :		Table II -				containe form dis	who respond and in this for a plays a cur sed of, or Ben	rm are not rently vali- neficially O	t required d OMB co	to respon	nd unless th		1474 (9-02)
1. Title of		3. Transaction Date	Table II -	4. Transact	5. Nur of Der Securi	nber ivative ties red (A) posed	contained form dissired, Disposoptions, con 6. Date Ex and Expira (Month/Da	ed in this for splays a cur sed of, or Be exertible securerisable stion Date	rm are not rently vali- neficially O	t required d OMB co wned	to respon	9. Number o	of 10. Ownersh Form of Derivati Security Direct (I or Indire	11. Natur of Indirec Beneficia Ownershi (Instr. 4)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II -	4. Transact	5. Nur ion of Der Securi Acquir or Dis of (D) (Instr.	nber ivative ties red (A) posed	contained form district, Disposoptions, con 6. Date Ex and Expira (Month/Da	ed in this for plays a cur sed of, or Be exertible securerisable tition Date my/Year)	rm are not rently vali- neficially O urities) 7. Title and of Underly Securities	t required d OMB co wned	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	of 10. Ownersh Form of Derivati Security Direct (I or Indire	11. Natur of Indirec Beneficia Ownershi (Instr. 4)

Reporting Owners

		Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Cardoso Ricardo C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311			EVP & Chief Investment Officer			

Signatures

/s/ Ricardo Cardoso	03/26/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- On March 24, 2020, the reporting person received a grant of Class I 2020 LTIP Units (the "Class I Units") of Mack-Cali Realty, L.P. (the "Operating Partnership"). The Class I Units (1) are a class of units of the Operating Partnership that, following the occurrence of certain events and upon vesting are convertible by the holder into an equivalent number of Common Units of the Operating Partnership ("Common Units"). Common Units of the Operating Partnership are redeemable by the holder for cash or, at the election of Mack-Cali Realty Corporation (the "Company"), shares of common stock of the Company on a one-for-one basis or the cash value of such shares.
- Fifty percent (50%) of the Class I Units may vest over a three to five year period based on the attainment of absolute total stockholder return ("TSR") metrics by the Company over a (2) three year period based on the remaining fifty percent (50%) of the Class I Units may vest over a three to five year period based on the Company's TSR relative to the TSR of a peer group of twenty-four REITs over the same three year performance period.
- Reported amounts exclude the following securities directly beneficially owned by the reporting person: (i) 3,687 Class B 2016 LTIP Units; (ii) 13,473 Class C 2017 LTIP Units, (iii) 4,449 Class D 2017 LTIP Units, (iv) 22,676 Class E 2018 LTIP Units, (v) 11,799 Class F 2018 LTIP Units, (vi) 16,353 Class G 2019 LTIP Units, and (vii) 8,937 Class H 2019 LTIP Units. Subject to certain vesting conditions, all of these other classes of LTIP Units of the Operating Partnership may be converted to Common Units on a one-for-one basis.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.