## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response	s)													
Name and Address of Reporting Person * Smetana David J				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, HARBORSIDE 3, 210 HUDSON ST., STE. 400				3. Date of Earliest Transaction (Month/Day/Year) 03/24/2020							X Officer (give title below) Other (specify below)  Chief Financial Officer				
JERSEY CITY, NJ 07311				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)			(Zip)		Т	able I	- Non-D	erivativ	ve Securiti	es Acquire	d, Dispose	d of, or Ben	eficially Ow	ned	
1.Title of S (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/D	Date, if		. 8)	(A) o	curities Accor Disposed 7. 3, 4 and 5  (A) or unt (D)	of (D) Ov 5) Tr (Ir			ed	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
1							Pers	one w	ho resno	nd to the	collection	of inform	ation	SEC	1474 (9-02)
							cont form uired, D	tained n displ	in this fo lays a cur	rm are no rently val	t required id OMB co	of inform to respon ontrol num	d unless th		1474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if	4. Transact	5. No of D Secu Acqu or D of (I	imber erivative rities nired (A isposed D) r. 3, 4,	cont form quired, D s, options 6. Dat and Ez (Mont	isposed conve	in this fo lays a cur d of, or Ber ertible secu cisable on Date	rm are no rently vali neficially C prities)	t required id OMB co	to respon	d unless the ber.  9. Number of	f 10. Owners Form of Derivat Security Direct ( or Indir	11. Natu hip of Indire Benefici: vve Ownersh (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, if	4. Transact	5. No ion of D Secu Acqu or D of (I (Inst	umber erivative rities nired (Aisposed D) r. 3, 4, 5)	cont form uired, D i, options of 6. Dat and E: (Mont	tained n displaisposed isposed isposed isposed e Exerc e Exerc e Exerc expiratio h/Day/	in this follows a cur d of, or Beretible secutions Date (Year)	rm are no rently vali neficially C rities)  7. Title an of Underly Securities	t required id OMB co	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	f 10. Owners Form of Derivat Security Direct ( or Indir	11. Natu of Indire Benefici Ownersh (Instr. 4)

#### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Smetana David J C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311			Chief Financial Officer			

### **Signatures**

/s/ David Smetana	03/26/2020
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- On March 24, 2020, the reporting person received a grant of Class I 2020 LTIP Units (the "Class I Units") of Mack-Cali Realty, L.P. (the "Operating Partnership"). The Class I Units are a class of units of the Operating Partnership that, following the occurrence of certain events and upon vesting are convertible by the holder into an equivalent number of Common Units of the Operating Partnership ("Common Units"). Common Units of the Operating Partnership are redeemable by the holder for cash or, at the election of Mack-Cali Realty Corporation (the "Company"), shares of common stock of the Company on a one-for-one basis or the cash value of such shares.
- Fifty percent (50%) of the Class I Units may vest over a three to five year period based on the attainment of absolute total stockholder return ("TSR") metrics by the Company over a (2) three year period based on the remaining fifty percent (50%) of the Class I Units may vest over a three to five year period based on the Company's TSR relative to the TSR of a peer group of twenty-four REITs over the same three year performance period.
- Reported amounts exclude the following securities directly beneficially owned by the reporting person: (i) 17,007 Class E 2018 LTIP Units, (ii) 8,850 Class F 2018 LTIP Units, (iii) 8,850 Class F 2018 LTIP Units, (iii) 8,937 Class H 2019 LTIP Units. Subject to certain vesting conditions, all of these other classes of LTIP Units of the Operating Partnership may be converted to Common Units on a one-for-one basis.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.