FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	OVAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Typ	e Responses	s)													
1. Name and Address of Reporting Person * MACK WILLIAM L				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, HARBORSIDE 3, 210 HUDSON ST., STE. 400			3. Date of Earliest Transaction (Month/Day/Year) 04/02/2019							Officer (giv	e title below)	Other	(specify below	v)	
JERSEY CITY, NJ 07311				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(City	')	(State)	(Zip)			Tal	ble I -	Non-Deriva	tive Securit	ies Acquire	d, Disposed	of, or Bene	ficially Owne	d	
1.Title of So (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year)		on E	Date, if Co		(A) (In:	or Disposed str. 3, 4 and 1 (A) of the count (D)	or Over Over Over Over Over Over Over Ove	Amount of Swned Follow ansaction(s) astr. 3 and 4)	ing Reporte	d C F C o	orm: Indirect (7. Nature of Indirect Beneficial Ownership (Instr. 4)
Kemmaer. 1	xeport on a s	eparate line for each	Table II -	Derivati	ve S	Securities	Acqui	Persons in this fo displays ired, Dispos	rm are not a currently ed of, or Be	required to valid OM neficially O	o respond B control r	unless the	tion containe e form	ed SEC 1	474 (9-02)
1. Title of	2	3. Transaction	3A. Deemed	(<i>e.g.</i> , put	is, ca	1		options, con		1	1 Amount	9 Duigo of	9. Number of	10.	11 Notas
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execution Date, if	Transaction Code		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security	Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	(Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Phantom Stock Units	\$ 0 (1)	04/02/2019		A		181.173	3	(3)	(3)	Common Stock	181.173	\$ 22.14	20,237.045	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address		10% Owner	Officer	Other			
MACK WILLIAM L C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311	X						

Signatures

/s/ William L. Mack	04/04/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The phantom stock units convert to common stock on a one-for-one basis.

- (2) The number of phantom stock units awarded consists of a quarterly dividend credited on cumulative phantom stock units under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors
- The phantom stock units were accrued under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors and are to be settled 100% in Mack-Cali Realty Corporation (3) common stock upon the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation
 - Reported amount excludes 2,017,017 common units of limited partnership interest ("Common Units") of Mack-Cali Realty, L.P. directly beneficially owned by the reporting person. Reported amount also excludes the following securities indirectly beneficially owned by the reporting person: (i) 100,000 Common Units held by the William & Phyllis Mack
- (4) Foundation, Inc. a charitable foundation of which the reporting person is a trustee (the "Foundation") and (ii) 330,097 Common Units held by a trust (the "Trust") that is a member of a Section 13(d) group with the reporting person in which members of the reporting person's immediate family have a beneficial ownership interest. Pursuant to Rule 13d-4, the reporting person disclaims beneficial ownership of all securities held by the Foundation and the Trust.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.