### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person     Smetana David J			2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, HARBORSIDE 3, 210 HUDSON ST., STE. 400			3. Date of Earliest Transaction (Month/Day/Year) 03/22/2019						X	Officer (g				
(Street)		2							_X_	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
JERSEY CITY, NJ 07311 (City) (State) (Zip)			Table I - Non-Derivative Securities Acqui						es Acquired	ired. Disposed of, or Beneficially Owned				
Security		Date	Execution any	n Da	te, if Co	Frans de str. 8	(A) (Inst	ecurities Accor Disposed r. 3, 4 and 5	quired of (D) Ow Tra	mount of ned Follov nsaction(s	Securities B ving Reporte	deneficially 6 cd CF	7. orm: Be virect (D) Or Indirect (Ir)	Nature Indirect eneficial wnership nstr. 4)
Report on a s	separate line for eac	Table II - 1	Derivativ	e Se	curities A	Lequi	Persons v contained form disp	I in this fo lays a cur d of, or Ber	rm are not rently valid neficially Ov	required I OMB co	to respon	d unless the		74 (9-02)
Conversion	cise (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transaction Code		5. Number		6. Date Exercisable and Expiration Date of U(Month/Day/Year) Sec		7. Title and of Underlyi Securities	7. Title and Amount of Underlying Securities			10. Ownership Form of Derivative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
\$ 0 (1)	03/22/2019		A <sup>(1)</sup>		16,353		(2)	(2)	Common Stock	16,353	\$ 0 (1)	16,353 (5)	D	
\$ 0 (3)	03/22/2019		A(3)		8,937		(4)	<u>(4)</u>	Common Stock	8,937	\$ 0 (3)	8,937 <sup>(5)</sup>	D	
	David J  st) CK-CALI RATION, N ST., ST  CITY, NJ  Ty)  Security  Report on a  2. Conversion or Exercise Price of Derivative Security	A David J  St) (First)  ACK-CALI REALTY  RATION, HARBORSIDE ON ST., STE. 400  (Street)  CITY, NJ 07311  Ty) (State)  Report on a separate line for each of Exercise Price of Derivative Security  Security  3. Transaction Date (Month/Day/Year)	A David J  St)  (First) (CK-CALI REALTY RATION, HARBORSIDE 3, 210 (N ST., STE. 400 (Street)  (CITY, NJ 07311 (State) (Zip)  Security  Report on a separate line for each class of securities  Table II - 1 (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  Table II - 1 (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)	David J  St) (First) (Middle) CK-CALI REALTY RATION, HARBORSIDE 3, 210 N ST., STE. 400  (Street) 4. If Americal American (Month/Day/Year)  Security 2. Transaction Date (Month/Day/Year)  Report on a separate line for each class of securities benefician (Month/Day/Year)  Table II - Derivative (e.g., puts any (Month/Day/Year)  Conversion or Exercise Price of Derivative Security  Security 3. Transaction Date (Month/Day/Year)  MACK  3. Date of 03/22/20  4. If American Date (Month/Day/Year)  A. Deemed Execution Date (e.g., puts any (Month/Day/Year)  (Month/Day/Year)  A. Deemed Execution Date, if any (Month/Day/Year)  Code (Instr. 8)	David J  St) (First) (Middle) CK-CALI REALTY RATION, HARBORSIDE 3, 210 (Street)  CCITY, NJ 07311 (Sty) (State)  CITY, NJ 07311 (Month/Day/Year)  Security  Table II - Derivative Security  Table II - Derivative Security  Security  Table II - Derivative Security  Security  Table II - Derivative Security  (Month/Day/Year)  A. Deemed Execution Data any (Month/Day/Year)  Security  Table II - Derivative Securities beneficially of Code (Instr. 8)  Code V	A David J  Stitute of Earliest Transport of the Earliest Transport of Correct of Earliest Transport of the Earliest Transport of Correct of the Earliest Transport of the Earliest Transport of Correct of the Earliest Transpor	ADAVID J. St. (First) (Middle) (CK-CALI REALTY RATION, HARBORSIDE 3, 210 (Street) (Street) (A. If Amendment, Date Original Code (Instr. 8) (Month/Day/Year) (State) (Zip) (Zip	MACK CALI REALTY CORP [Conversion or Exercise of Derivative Security    A. Transaction   A. Demed   Conversion or Exercise   Conversion or Exercis	MACK CALI REALTY CORP [CLI]  st) (First) (Middle) (CK-CALI REALTY RATION, HARBORSIDE 3, 210 N ST., STE. 400  (Street) 4. If Amendment, Date Original Filed(Month/Day/Year)  (CITY, NJ 07311  (Struct) 2. Transaction Date (Month/Day/Year)  (Month/Day/Year) 2. Transaction Date (Month/Day/Year)  (Month/Day/Year) 3. Transaction Date (Instr. 8) (A) or Disposed of Oromalized in this forom displays a cur  Table II - Derivative Securities Acquired, Disposed of, or Ber (e.g., puts, calls, warrants, options, convertible security  (Month/Day/Year)  Table II - Derivative Securities Acquired (A) or Disposed of Oromalized in this forom displays a cur  Table II - Derivative Securities Acquired, Disposed of, or Ber (e.g., puts, calls, warrants, options, convertible security (Month/Day/Year)  (Month/Day/Year)  Table II - Derivative Securities Acquired (A) or Ber (e.g., puts, calls, warrants, options, convertible security (Month/Day/Year)  A. Deemed Execution Date, if Code (Instr. 8)  Conversion or Exercise (Month/Day/Year)  (Month/Day/Year)  A. Deemed Execution Date, if Code (Instr. 8)  Code (Instr. 8)  Code (Month/Day/Year)  Date Exercisable (Month/Day/Year)  Date Exercisable Expiration Date Exercisable Date  Code (V (A) (D)	MACK CALI REALTY CORP [CLI]  3)	MACK CALI REALTY CORP [CLI]  Sign (First) (Middle) (Middle) (CK-CALI REALTY CORP [CLI] (Middle) (Middle) (Disposed of Corp. Price of Date (Month/Day/Year) (Mon	David J   MACK CALI REALTY CORP [CLI]   Chector	MACK CALI REALTY CORP   CLI	David J   MACK CALI REALTY CORP [CLI]   Director   Division   Other (specify below)   Other (specify

	Relationships					
Reporting Owner Name / Address		10% Owner	Officer	Other		
Smetana David J C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311			Chief Financial Officer			

# **Signatures**

/s/ David Smetana	03/26/2019
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- 1. On March 22, 2019, the reporting person received a grant of Class G 2019 LTIP Units (the "Class G Units") of Mack-Cali Realty, L.P. (the "Operating Partnership"). The Class G Units are a class of units of the Operating Partnership that, following the occurrence of certain events and upon vesting are convertible by the holder into an equivalent number of
- (1) Units are a class of units of the Operating Partnership that, following the occurrence of certain events and upon vesting are convertible by the holder into an equivalent number of Common Units of the Operating Partnership ("Common Units"). Common Units of the Operating Partnership are redeemable by the holder for cash or, at the election of Mack-Cali Realty Corporation (the "Company"), shares of common stock of the Company on a one-for-one basis or the cash value of such shares.
- Fifty percent (50%) of the Class G Units may vest over a three to five year period based on the attainment of absolute total stockholder return ("TSR") metrics by the Company over a (2) three year periodmance period. The remaining fifty percent (50%) of the Class G Units may vest over a three to five year period based on the Company's TSR relative to the TSR of other equity office REITs in the NAREIT Index over the same three year performance period.
- On March 22, 2019, the reporting person received a grant of Class H 2019 LTIP Units (the "Class H Units") of the Operating Partnership. The Class H Units are a class of units of the Operating Partnership that, following the occurrence of certain events and upon vesting are convertible by the holder into an equivalent number of Common Units. Common Units of the Operating Partnership are redeemable by the holder for cash or, at the Company's election, shares of common stock of the Company on a one-for-one basis or the cash value of such shares.
- (4) The Class H Units vest on March 22, 2022 and are not subject to expiration.
  - Reported amounts exclude the following securities directly beneficially owned by the reporting person: (i) 17,007 Class E 2018 LTIP Units of the Operating Partnership, and (ii)
- (5) 8,850 Class F 2018 LTIP Units of the Operating Partnership. Subject to certain vesting conditions, all of these other classes of LTIP Units of the Operating Partnership may be converted to Common Units on a one-for-one basis.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.