FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

ype Response	s)													
Name and Address of Reporting Person * DeMarco Michael J.				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, HARBORSIDE 3, 210 HUDSON ST., STE. 400			3. Date of Earliest Transaction (Month/Day/Year) 03/22/2019							X Officer (give title below) Other (specify below) Chief Executive Officer				
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6.	6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu					ies Acquire	lired, Disposed of, or Beneficially Owned					
Title of Security 2. Transaction Date (Month/Day/Year		Execution Date, if Code (Inst (Month/Day/Year)		ode istr. 8	(A) (A)	(A) or Disposed (Instr. 3, 4 and 5		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		d (Ownership of Born: Direct (D) or Indirect (I)	. Nature f Indirect seneficial ownership instr. 4)		
report off a s	separate fine for each		Derivat	ive S	Securities A	Acqui	Persons in this f display	s who responding who was a currently osed of, or Be	required for valid OM neficially O	to respond B control r	unless the		ed SEC 14	174 (9-02)
Conversion	ise (Month/Day/Year) we	ear) any	4. Transaction Code		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		and Expiration Date of (Month/Day/Year) Sec		7. Title and of Underly Securities	f Underlying ecurities		Derivative Securities Beneficially Owned Following Reported	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficia
			Code	V	(A)	(D)	Date Exercisab		Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
\$ 0 (1)	03/22/2019		A ⁽¹⁾		245,298		(2)	(2)	Common Stock	¹ 245,298	\$ 0 (1)	245,298) D	
	03/22/2019		A(3)		44,683		<u>(4)</u>	<u>(4)</u>	Commo	¹ 44,683	\$ 0 <u>(3)</u>	44,683 (5	. D	
	nd Address o o Michael . st) .CK-CALI RATION, N ST., ST) .CITY, NJ ty) Report on a st .Conversion or Exercise Price of Derivative Security	nd Address of Reporting Person on Michael J. St) (First) CK-CALI REALTY RATION, HARBORSIDE on ST., STE. 400 (Street) CITY, NJ 07311 tty) (State) Security Report on a separate line for each or Exercise Price of Derivative Security Security	nd Address of Reporting Person on Michael J. St) (First) (Middle) CK-CALI REALTY RATION, HARBORSIDE 3, 210 (Street) CITY, NJ 07311 (State) (Zip) Security 2. Transaction Date (Month/Day/Year) Report on a separate line for each class of securities Table II - 2. Conversion or Exercise Price of Derivative Security Security 3. Transaction Date (Month/Day/Year) Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year) (Month/Day/Year)	nd Address of Reporting Person O Michael J. St) (First) (Middle)	nd Address of Reporting Person of Michael J. 2. Issuer Nation Michael J. 2. Issuer Nation MACK CAST MACK CAST Nation (Middle) 3. Date of Early (03/22/2019) 3. Date of Early (03/22/2019) 3. Date of Early (03/22/2019) 4. If Amendry (217) CITY, NJ 07311 Ty) Security 2. Transaction Date (Month/Day/Year) Security Table II - Derivative Securities beneficially of Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Execution Date) (Month/Day/Year) 3. Transaction Date (Execution Date) (Month/Day/Year) 3. Transaction Date (Execution Date) (Month/Day/Year) Code V	and Address of Reporting Person O Michael J. Stock-CALI REALTY (Middle) (Street) (Street) (A. If Amendment, Date of CITY, NJ 07311 (State) (Zip) (Table II - Derivative Securities Date of Execution Date of Execut	Address of Reporting Person On Michael J. St. (First) (Middle) (CK-CALI REALTY (Middle) (Mid	and Address of Reporting Person on Michael J. 2. Issuer Name and Ticker or Trading MACK CALI REALTY CORP on Michael J. 3. 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Relationship of Reporting Person(s) to Issuer (Check all applicable) (All all applicable) (Check all applicable) (Check all applicable) (All all applicable) (Check all applicable) (Check all applicable) (Check all applicable) (Check all applicable) (All all applicable) (Check all applicable) (Ch

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
DeMarco Michael J. C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311	X		Chief Executive Officer			

Signatures

/s/ Michael J. DeMarco	03/26/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- 1. On March 22, 2019, the reporting person received a grant of Class G 2019 LTIP Units (the "Class G Units") of Mack-Cali Realty, L.P. (the "Operating Partnership"). The Class G Units are a class of units of the Operating Partnership that, following the occurrence of certain events and upon vesting are convertible by the holder into an equivalent number of Common Units of the Operating Partnership ("Common Units"). Common Units of the Operating Partnership are redeemable by the holder for cash or, at the election of Mack-Cali Realty Corporation (the "Company"), shares of common stock of the Company on a one-for-one basis or the cash value of such shares.
- Fifty percent (50%) of the Class G Units may vest over a three to five year period based on the attainment of absolute total stockholder return ("TSR") metrics by the Company over a (2) three year performance period. The remaining fifty percent (50%) of the Class G Units may vest over a three to five year period based on the Company's TSR relative to the TSR of other equity office REITs in the NAREIT Index over the same three year performance period.
- On March 22, 2019, the reporting person received a grant of Class H 2019 LTIP Units (the "Class H Units") of the Operating Partnership. The Class H Units are a class of units of the Operating Partnership that, following the occurrence of certain events and upon vesting are convertible by the holder into an equivalent number of Common Units. Common Units of the Operating Partnership are redeemable by the holder for cash or, at the Company's election, shares of common stock of the Company on a one-for-one basis or the cash value of such shares
- (4) The Class H Units vest on March 22, 2022 and are not subject to expiration.
 - Reported amounts exclude the following securities directly beneficially owned by the reporting person: (i) options to purchase 400,000 shares of the Common Stock, (ii) 23,041 Class B 2016 LTIP Units of the Operating Partnership, (iii) 196,482 Class C 2017 LTIP Units of the Operating Partnership, (iv) 32,443 Class D 2017 LTIP Units of the Operating Partnership, (v) 340,136 Class E 2018 LTIP Units of the Operating Partnership, (vi) 625,000 Class A O LTIP Units of the
- 340,136 Class E 2018 LTIP Units of the Operating Partnership, (vi) 58,997 Class F 2018 LTIP Units of the Operating Partnership, and (vii) 625,000 Class AO LTIP Units of the Operating Partnership. Subject to certain vesting conditions, all of these other classes of LTIP Units of the Operating Partnership may be converted to Common Units on a one-for-one basis, except that Class AO LTIP Units convert to a number of Common Units determined by reference to the increase in value of the Company's common stock at the time of conversion over the value of the common stock at the March 13, 2019 grant date of the Class AO LTIP Units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.