FORM 4

Section 16. Form 4 or Form 5 obligations

may continue. See

Instruction 1(b).

Check this box if no longer subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	oe Responses)													
1. Name and Address of Reporting Person * TESE VINCENT			2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_ Director 10% Owner						
CORPOR	CK-CALI	HARBORSIDE :	(Middle) 3, 210	3. Date 01/03/		Carliest Trans 19	saction	n (Month/Da	y/Year)	-	Officer (give	title below)	Other (:	specify below)	
JERSEY CITY, NJ 07311			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person							
(City	y)	(State)	(Zip)			Ta	ble I	- Non-Deri	ative Secur	ities Acquire	ed, Disposed o	of, or Benef	icially Owned		
1.Title of S (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Yea	ır) any	itior	Date, if C		(A) (A)	Securities A a) or Dispose eastr. 3, 4 and (A) mount (D)	or	Amount of Se wned Followin ansaction(s) anstr. 3 and 4)		Or Fo Di or (I)	wnership of B orm: B orm: O O O O O O O O O O O O O O O O O O O	eneficial wnership
Reminder: 1	Report on a s	eparate line for each	class of securities b	- Deriva	ıtive	e Securities	Acqu	Persons in this for a current	orm are not tly valid Ol	t required to MB control eneficially Ov	o respond u number.		on contained form displays		74 (9-02)
	2. Conversion or Exercise Price of Derivative Security	cise (Month/Day/Year) any f ive (Month/Day/Y		4. 5. Nur Transaction Deriva Code Securi (Instr. 8) Acqui Dispos		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and		(Month/Day/Year)		7. Title and Underlying (Instr. 3 and		Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficia
				Code	V	(A)	(D)	Date Exercisabl	Expiration Date	Title	Number of Shares		(Instr. 4)	(Instr. 4)	
Phantom Stock Units	\$ 0 (1)	01/03/2019		A		1,570.95	7	(3)	(3)	Common	1,570.957	\$ 19.21	51,420.357	D	

Reporting Owners

	Relationships					
Reporting Owner Name / Address		10% Owner	Officer	Other		
TESE VINCENT C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311	X					

Signatures

/s/ Vincent Tese	01/07/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The phantom stock units convert to common stock on a one-for-one basis.
- (2) The number of phantom stock units awarded is comprised of a quarterly director's fee earned and a quarterly dividend credited on cumulative phantom stock units under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors.
- (3) The phantom stock units were accrued under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors and are to be settled 100% in Mack-Cali Realty Corporation common stock upon the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.