FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * GANTCHER NATHAN				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, HARBORSIDE 3, 210 HUDSON ST., STE. 400				3. Date of Earliest Transaction (Month/Day/Year) 01/05/2017								Officer (giv	e title below)		(specify below)	
(Street) JERSEY CITY, NJ 07311				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(City	7)	(State)	(Zip)			Ta	ıble I -	Non-Do	erivat	ive Securit	ies Acquire	ired, Disposed of, or Beneficially Owned				
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if Code (Instr. 8) (Month/Day/Year))	(A)	ecurities Accor Disposed tr. 3, 4 and 5	Ov (Tra	Amount of Syned Follow ensaction(s) str. 3 and 4)			wnership of B	Nature Findirect eneficial wnership nstr. 4)			
Reminder: I	Report on a s	eparate line for each	Table II -	Derivati	ve S	Securities	s Acqu	Perso in thi displ	ons v s for ays a	m are not a currently	required to valid OMI	o respond B control r	unless the	ion containe form	d SEC 14	74 (9-02)
1. Title of Derivative Conversion Security (Instr. 3) Price of Security (Instr. 3) Security (Instr. 3) Price of Security (Instr. 3) Security (Instr. 3) A. Deemed Execution Date, if Code Securities (Month/Day/Year) (Month/Day/Year) (Instr. 8) S. Numl Code Securities (Month/Day/Year) (Instr. 8) S. Numl Code Securities (Instr. 8) S.		mber of and and ities ired (A) sposed of . 3, 4,		Date Exercisable d Expiration Date onth/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)					
				Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares		(msu. +)	(IIIsti. 4)	
Phantom Stock Units	\$ 0 (1)	01/05/2017		A		691.68 (2)	39	<u>(3</u>	3)	(3)	Commor Stock	691.689	\$ 28.92	33,530.646	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address		10% Owner	Officer	Other			
GANTCHER NATHAN C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311	X						

Signatures

/s/ Nathan Gantcher	01/09/2017
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The phantom stock units convert to common stock on a one-for-one basis.

- (2) The number of phantom stock units awarded is comprised of a quarterly director's fee earned and a quarterly dividend credited on cumulative phantom stock units under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors.
- The phantom stock units were accrued under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors and are to be settled 100% in Mack-Cali Realty Corporation (3) common stock upon the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.