FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

/D

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Third of Type Responses)											
1. Name and Address of Reporting Perso REID IRVIN D	2. Issuer Name and MACK CALI R			· ·	1	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) C/O MACK-CALI REALTY CORPORATION, HARBORSIE HUDSON ST., STE. 400		3. Date of Earliest Transaction (Month/Day/Year) 10/05/2016						Officer (give title below)O	ther (specify belo	ow)	
(Street) JERSEY CITY, NJ 07311		4. If Amendment, D	ate Original	Filed	(Month/Day/	'Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acqu						uired, Disposed of, or Beneficially Owned			
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if Code (A) or Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5)				Owned Following Reported Transaction(s)		Beneficial			
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
1. Title of	2.		3A. Deemed	4. 5. Number of		6. Date Exercisable		7. Title and Amount		8. Price of	9. Number of		11. Nature		
Derivative	Conversion	Date	Execution Date, if	Transact	Transaction Derivative		and Expiration Date		of Underlying		Derivative	Derivative	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code		Securities		(Month/Day/Year)		Securities		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8))	Acquired (Acquired (A)		(Instr. 3 and 4) (Instr. 5)		(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative					or Dispose	d of						Owned	Security:	(Instr. 4)
	Security					(D)						Following	Direct (D)		
						(Instr. 3, 4,	,						Reported	or Indirect	
						and 5)						Transaction(s)	(I)		
											Amount		(Instr. 4)	(Instr. 4)	
								Date	Expiration	T : 1	or				
								Exercisable	Date	Title	Number				
				Code	V	(A)	(D)				of Shares				
Phantom										G					
Stock	\$ 0 (1)	10/05/2016		А		147.258		<u>(3)</u>	<u>(3)</u>	Common	147.258	\$ 25.67	25,348.07	D	
Units	ΨŬ	2010				<u>(2)</u>				Stock		÷ _0.07			
Onits															

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
REID IRVIN D C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311	Х						

Signatures

/s/ Irvin D. Reid	10/07/2016
Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The phantom stock units convert to common stock on a one-for-one basis.

(2) The number of phantom stock units awarded consists of a quarterly dividend credited on cumulative phantom stock units under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors.

The phantom stock units were accrued under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors and are to be settled 100% in Mack-Cali Realty Corporation (3) common stock upon the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.