FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Responses	s)																
1. Name and Address of Reporting Person * TESE VINCENT					2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, 343 THORNALL STREET					3. Date of Earliest Transaction (Month/Day/Year) 04/03/2014								Officer (give title	below)	Other (s	pecify below)		
(Street) EDISON, NJ 08837				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)							_X_ F	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _ Form filed by More than One Reporting Person					
(Ci	ty)	(State)	(Zip)				Т	able I - N	Non-De	rivativ	ve Securities	Acquired,	tired, Disposed of, or Beneficially Owned					
1.Title of S (Instr. 3)	Title of Security nstr. 3) 2. Transaction Date (Month/Day/Ye		Year) E	2A. Deemed Execution Date, if any (Month/Day/Year)		(Ir	3. Transaction Code (Instr. 8)		4. Securities Acquire (A) or Disposed of (I (Instr. 3, 4 and 5) (A) or Amount (D) I		(D) Own	5. Amount of Securities Owned Following Repor (Instr. 3 and 4)		eported Transaction(s) Ov Fo Di		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder:	Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security			4. Transac Code	ction	5. Number	of A) d of	Date (Month/Day/Year) (In		7. Title ar Underlyin	Title and Amount of nderlying Securities nstr. 3 and 4) Amount		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownershi Form of Derivative Security: Direct (D) or Indirec	(Instr. 4)			
				Code	V	(A)	(D)	Date Exercisa	able	Exp	oiration Date	Title	or Number of Shares					
Phantom Stock Units	\$ 0 (1)	04/03/2014		A		1,327.02 (2)		08/08/	1988 ⁽	3) 08/	/08/1988 <mark>(3</mark>	Commo	n 1,327.02	\$ 20.49	28,547.382	2 D		

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
TESE VINCENT C/O MACK-CALI REALTY CORPORATION 343 THORNALL STREET EDISON, NJ 08837	X						

Signatures

/s/ Vincent Tese	04/07/2014
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The phantom stock units convert to common stock on a one-for-one basis.
- (2) The number of phantom stock units awarded is comprised of a quarterly director's fee earned and a quarterly dividend credited on cumulative phantom stock units under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors.
- (3) The phantom stock units were accrued under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors and are to be settled 100% in Mack-Cali Realty Corporation common stock upon the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.