FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
OMB Number:	3235-0287				
Estimated average burden					
hours per response	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(11mt of Ty	pe Responses															
1. Name and Address of Reporting Person *- LEFKOWITZ BARRY				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]					5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
	CK-CALI	(First) REALTY 343 THORNALI	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 01/15/2014					X Officer (give title below) Other (specify below) EVP and CFO							
EDISON	, NJ 08837	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person						
(City	y)	(State)	(Zip)				Tab	le I - Non-De	rivative Securitie	s Acquir	red, Di	isposed o	f, or Benefi	cially Owned		
1.Title of So (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year	Execu r) any			Code (Inst	e (r. 8)	4. Securities Acqu (A) or Disposed of (Instr. 3, 4 and 5) (A) or Amount (D)	C(D) O Ti	Owned Following Reported Transaction(s) (Instr. 3 and 4) Owner Form: Direct or Indi (I)		Ownership form: Direct (D) r Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: I	Report on a s	eparate fine for each	class of securities o					Person in this	ns who respond	to the	collectores	ction of i	informatio	n contained		1474 (9-02)
Reminder: I	Report on a s	eparate fine for each		í - Deriv	ative S			in this a curre cquired, Disp	form are not re ently valid OMB osed of, or Benef	quired t control icially O	to res I num	pond ur	informatio iless the f	n contained orm display		1474 (9-02)
1. Title of Derivative Security	2. Conversion	3. Transaction	Table II 3A. Deemed Execution Date, if	[- Deriv (e.g.,] 4. Transac Code	rative Sputs, continuo SS	calls, wa	er ative s l (A) sed	in this a curre cquired, Disp ts, options, c 6. Date Exer Expiration D (Month/Day/	form are not reently valid OMB cosed of, or Beneforvertible securit cisable and ate	quired t control icially O ies) 7. Title of Und Securi	wned le and derlyin	Amount	8. Price of	9. Number o Derivative Securities Beneficially Owned Following Reported Transaction(To Owners! Form of Derivati Security Direct (I or Indirect) (I)	11. Natur of Indirec Beneficia Ownershi : (Instr. 4)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II 3A. Deemed Execution Date, if any	[- Deriv (e.g.,] 4. Transac Code	rative Sputs, continuo SS	5. Numbor Derivative Acquired Acquired Of (D) Instr. 3, and 5)	er ative s l (A) sed	in this a curre cquired, Disp ts, options, c 6. Date Exer Expiration D (Month/Day/	form are not reently valid OMB cosed of, or Beneforvertible securit cisable and ate	quired t control icially O ies) 7. Title of Und Securi (Instr.	to res I num wned de and a derlyin ities 3 and	Amount	8. Price of Derivative Security	9. Number o Derivative Securities Beneficially Owned Following Reported	10. Ownersl Form of Derivati Security Direct (I or Indire	11. Natur of Indirec Beneficia Ownershi (Instr. 4)

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
LEFKOWITZ BARRY C/O MACK-CALI REALTY CORPORATION 343 THORNALL STREET EDISON, NJ 08837			EVP and CFO		

Signatures

/s/ Barry Lefkowitz	01/17/2014
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The phantom stock units shall be settled solely in cash based on the fair market value of an equal number of shares of common stock of Mack-Cali Realty Corporation (the "Company") on the (1) earliest to occur of any of the following triggering events (each, a "Triggering Event"): (a) the reporting person's death or "disability"; (b) the date of the reporting person's separation from service to the Company; and (c) the effective date of a "change in control", in each case as such terms are defined in the reporting person's employment agreement.
- The phantom stock units were issued pursuant to a Multi-Year Deferred Compensation Agreement pursuant to the Company's dividend paid on January 15, 1014 solely in respect of vested (2) phantom stock units.

(3) The phantom stock units are not subject to expiration and shall become payable within 30 days after the earliest to occur of any Triggering Event.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.