FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
Estimated average b	urden hours					
per response	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Responses	s)																
1. Name an REID IR		Reporting Person*		2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner										
			PORATION, 343		3. Date of Earliest Transaction (Month/Day/Year) 10/03/2013					Officer (give title below) Other (specify below)								
EDISON	, NJ 08837	(Street)		4. I	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person								
(Cir	<u> </u>	(State)	(Zip)	+	Table I - Non-Derivative Securities Acq					s Acqu	uired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3) 2. Transact Date (Month/Da		y/Year)	2A. Deemed Execution Date, if ear) any (Month/Day/Year)		(Instr. 8)		(A	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)					ities Beneficially deported Transaction(s)		6. Ownership Form: Direct (D)	Beneficial		
								Code	V A	mount	(A) or (D)	Price					or Indirect (I) (Instr. 4)	(Instr. 4)
Reminder: 1	Report on a s	eparate line for each	a class of securities b			wned directly		P th c	nis form urrently	n are n y valid	ot requir OMB co	ed to	respor numbe	tion of infor nd unless th r.			SEC	1474 (9-02)
						puts, calls, w		ints, opti	ons, con	vertible	e securitie	es)						
Derivative Security	Conversion	Date Exec (Month/Day/Year) any	3A. Deemed Execution Date, if any (Month/Day/Year)	Code		Derivative Date		Date				Und	. Title and Amount of Inderlying Securities Instr. 3 and 4)		Derivative Security	Securities Beneficially Owned Following Reported	Owners Form of Derivat Security Direct (or Indir	Ownersh (Instr. 4)
				Code	V	Date Exercisable Expiration Date Title	Amount or Number of Shares	Transaction(s (Instr. 4)		(s) (I) (Instr. 4)							
Phantom Stock Units	\$ 0 (1)	10/03/2013		A		1,001.466 (2)		08/08/	1988 <mark>(3</mark>)	08/08	8/1988 <mark>(3</mark>	2)	nmon tock	1,001.466	\$ 21.56	22,277.70	58 D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
REID IRVIN D C/O MACK-CALI REALTY CORPORATION 343 THORNALL STREET EDISON, NJ 08837	X						

Signatures

/s/ Irvin D. Reid	10/07/2013
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The phantom stock units convert to common stock on a one-for-one basis.
- (2) The number of phantom stock units awarded is comprised of a quarterly director's fee earned and a quarterly dividend credited on cumulative phantom stock units under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors.
- (3) The phantom stock units were accrued under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors and are to be settled 100% in Mack-Cali Realty Corporation common stock upon the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.