### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
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hours per response	0.5

longer subject to Section 16. Form 4 or Form 5

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

obligations may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Responses	5)															
1. Name and Address of Reporting Person <sup>*</sup> GANTCHER NATHAN				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X_ Director 10% Owner						
C/O MA	(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, 343 FHORNALL STREET				3. Date of Earliest Transaction (Month/Day/Year) 01/04/2013							Officer (give title	e below)	Other (s	pecify below)		
EDISON	(Street) EDISON, NJ 08837			4. If .	4. If Amendment, Date Original Filed(Month/Day/Year)						_X_ Fe	6. Individual or Joint/Group FilingCheck Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(Ci	ty)	(State)	(Zip)		Table I - Non-Derivative Securities Acqu				Acquired,	nired, Disposed of, or Beneficially Owned							
1.Title of S (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Y	ear) Ex	xecuti	emed ion Date, if n/Day/Year	Co (In	Transaction de str. 8)	(A (I		(A) or	D) Owne Trans	ount of Secu d Following action(s) 3 and 4)		C F C o	orm: birect (D) r Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Reminder:	Report on a s	separate line for each	class of securities be	eneficia	lly ov	wned direct	ly or			who r	espond to	the colle	ction of inf	ormation o	contained in	SEC	1474 (9-02)
Reminder:	Report on a s	separate line for each		II - De	erivat	tive Securi	ties A	P th co	ersons nis forr urrentl	n are n y valid sed of, o	ot require OMB cor	ed to respondent ed to respondent ed to respondent ed to respondent ally Owned	ond unless er.			SEC	1474 (9-02)
	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date	Table  3A. Deemed Execution Date, if	II - De (e.) 4. Transac Code	erivat g., pu etion	tive Securi tts, calls, w 5. Number Derivative Securities Acquired ( or Dispose (D) (Instr. 3, 4	ties Avarra	Acquired	ersons nis forr urrentl , Dispo ons, cor	n are n y valid sed of, onvertible	ot require OMB cor or Benefici e securitie	ed to respondent ed to respondent ed to respondent ed to respondent ally Owned	d Amount	8. Price of	9. Number of Derivative Securities Beneficially Owned Following Reported	10. Ownersl Form of Derivati Security Direct (I or Indire	11. Natur of Indired Beneficia ve Ownersh (Instr. 4)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table  3A. Deemed Execution Date, if any	II - De (e.) 4. Transac Code	erivat g., pu etion	tive Securi tts, calls, w 5. Number Derivative Securities Acquired ( or Dispose (D)	ties Avarra	Acquired ants, option	ersons nis forr urrentl , Dispo ons, cor Exercisa Day/Ye	n are n y valid sed of, o nvertible able and ar)	ot require OMB cor or Benefici e securitie	ally Owned  7. Title an of Underly Securities	d Amount	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following	10. Ownersl Form of Derivati Security Direct (I or Indire	11. Natur of Indired Beneficia Ownersh (Instr. 4)

# **Reporting Owners**

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
GANTCHER NATHAN C/O MACK-CALI REALTY CORPORATION 343 THORNALL STREET EDISON, NJ 08837	X				

# **Signatures**

/s/ Nathan Gantcher	01/08/2013
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The phantom stock units convert to common stock on a one-for-one basis.
- (2) The number of phantom stock units awarded is comprised of a quarterly director's fee earned and a quarterly dividend credited on cumulative phantom stock units under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors.
- (3) The phantom stock units were accrued under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors and are to be settled 100% in Mack-Cali Realty Corporation common stock upon the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation.
- (4) The ownership amounts reported exclude options to purchase 5,000 shares of common stock that are directly beneficially owned by the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to re-	espond unless the form displays a currently valid OMB number.