UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL							
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hours per response	0.5						

longer subject to Section 16. Form 4 or Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Finit of Ty	de Responses	5)																
1. Name and Address of Reporting Person – GANTCHER NATHAN					2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner					
(First) (Middle) C/O MACK-CALI REALTY CORPORATION, 343 THORNALL STREET					3. Date of Earliest Transaction (Month/Day/Year) 07/05/2012							Oi	ficer (give tit	le below)	Other (specify below)		
(Street) EDISON, NJ 08837				4. If A	4. If Amendment, Date Original Filed(Month/Day/Year)							_X_ Form	6. Individual or Joint/Group Filing(Check Applicable Line) X. Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqui						Acquired, Di	ired, Disposed of, or Beneficially Owned							
(Instr. 3) Date		2. Transaction Date (Month/Day/Ye	Exear) any	Execution Date, if		(Instr. 8)		(4. Securities Acquire (A) or Disposed of (I (Instr. 3, 4 and 5)				urities Beneficially g Reported		Ownership Form:	7. Nature of Indirect Beneficial Ownership		
			Ì				Code	V	Amount	(A) or (D) Pr	rice	,		(1		(Instr. 4)		
			Table					tr c Acquired	nis for urrent , Dispe	m are ly vali osed of	not require d OMB con , or Beneficia	d to respo trol numbe	nd unles:		contained in displays a	i SEC	474 (9-02)	
					., put	<u> </u>					ble securities	í				. I.a	1	
Derivative	2. Conversion or Exercise Price of Derivative Security	sion Date Cise (Month/Day/Year) a ve	Execution Date, if T	Transaction of Deriv Code Securiti (Instr. 8) Acquire or Dispo		Securities Acquired or Dispos of (D) (Instr. 3,	ative S (Month/Day/			isable and Expiration		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s)	Form of Derivative Security: Direct (D) or Indirect (I)	(Instr. 4)	
				Code	V	(A)	(D)	Date Exercisa	ible	Exp	iration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)		
Phantom Stock Units	\$ 0 (1)	07/05/2012		A		691.47 (2)		08/08/	1988 <mark>(</mark>	08/	08/1988(3)	Common Stock	691.47	\$ 29.26	17,447.417 (4)	D D		

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
GANTCHER NATHAN C/O MACK-CALI REALTY CORPORATION 343 THORNALL STREET EDISON, NJ 08837	X					

Signatures

/s/ Nathan Gantcher	07/09/2012
**Signature of Reporting Person	Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The phantom stock units convert to common stock on a one-for-one basis.
- (2) The number of phantom stock units awarded is comprised of a quarterly director's fee earned and a quarterly dividend credited on cumulative phantom stock units under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors.
- (3) The phantom stock units were accrued under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors and are to be settled 100% in Mack-Cali Realty Corporation common stock upon the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation.
- (4) The ownership amounts reported exclude options to purchase 5,000 shares of common stock that are directly beneficially owned by the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.