FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
1. Name and Address of Reporting Person * DUBERSTEIN KENNETH M				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, 343 THORNALL STREET				3. Date of Earliest Transaction (Month/Day/Year) 12/08/2009						Office	er (give title belo	ow)	Other (specify	pelow)	
(Street) EDISON, NJ 08837				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owne						Owned					
(Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea	if Coo	(Instr. 8)		A. Securities Acqui (A) or Disposed of (D) (Instr. 3, 4 and 5)		of	Beneficial	ally Owned Following Transaction(s)		Form: Direct (D)	7. Nature of Indirect Beneficial Ownership	
					C	ode	V	Amoun	(A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4)
Common	Stock		12/08/2009		A	<u>(1)</u>		1,970 (1)	A	\$ 0 (1)	9,690			D	
Kellillider.	Report on a s	separate fine for		Derivative Securi	ities Ac	quire	Perso contai the fo	ons wh ined ir orm dis	o respo n this for splays a of, or Ben	rm are curre reficial	e not requently valid	OMB con	formation spond unle trol numbe	ss	1474 (9-02)
1. Title of	2	3. Transaction	,	e.g., puts, calls, w	5.	ts, opt					itle and	9 Dries of	9. Number	of 10.	11. Natur
Derivative Security	Conversion or Exercise Price of Derivative Security	Date	Year) Execution Da	te, if Transaction N Code (Instr. 8) S A A (Instr. 8) C C C C C C C C C C C C C C C C C C		rative rities ired r	and Ex	ate Exercisable Expiration Date nth/Day/Year)		Am Und Sec	nount of derlying curities str. 3 and Derivative (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	hip of Indired Beneficia Ownersh (Instr. 4)	
				Code V	(A)		Date Exerci		Expiratio Date	n Title	Amount or e Number of Shares				

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
DUBERSTEIN KENNETH M C/O MACK-CALI REALTY CORPORATION 343 THORNALL STREET EDISON, NJ 08837	X					

Signatures

/s/ Kenneth M. Duberstein	12/08/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 8, 2009, the reporting person was granted 1,970 restricted shares of common stock pursuant to the Amended and Restated 2000 Director Stock Option Plan of Mack-Cali Realty Corporation. The shares shall vest on January 1, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.