

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * BERGER MARTIN S (Last) (First) (Middle)	2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below)
C/O MACK-CALI REALTY CORPORATION, 343 THORNALL STREET (Street)	3. Date of Earliest Transaction (Month/Day/Year) 09/15/2009	
EDISON, NJ 08837 (City) (State) (Zip)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned		

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	09/15/2009		S		2,100	D	\$ 34.9	12,900 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		900	D	\$ 34.93	12,000 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		500	D	\$ 34.95	11,500 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		500	D	\$ 34.96	11,000 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		1,200	D	\$ 34.97	9,800 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		2,300	D	\$ 34.98	7,500 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		400	D	\$ 34.99	7,100 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		1,700	D	\$ 35	5,400 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		800	D	\$ 35.01	4,600 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		3,100	D	\$ 35.02	1,500 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		900	D	\$ 35.03	600 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		100	D	\$ 35.04	500 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		200	D	\$ 35.05	300 (1)	I	By Family Foundation (2)
Common Stock	09/15/2009		S		300	D	\$ 35.06	0 (1)	I	By Family Foundation (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
BERGER MARTIN S C/O MACK-CALI REALTY CORPORATION 343 THORNALL STREET EDISON, NJ 08837	X			

Signatures

/s/ Martin S. Berger		09/17/2009
<small>**Signature of Reporting Person</small>		<small>Date</small>

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Reported amounts exclude 17,300 shares of common stock directly beneficially owned by the reporting person.

The shares of common stock indirectly beneficially owned by the reporting person are directly beneficially owned by the Martin S. Berger Family Foundation U/A/D

(2) 12/10/07 (the "Foundation") of which the reporting person is a trustee. Pursuant to Rule 13d-4 under the Exchange Act, the reporting person disclaims beneficial ownership of the shares held by the Foundation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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