FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																	
1. Name and Address of Reporting Person* GRUSS MARTIN D				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, 11 COMMERCE DRIVE				3. Date of Earliest Transaction (Month/Day/Year) 03/09/2005							-		er (give title belo	ow)	Other (specif	below)			
(Street) CRANFORD, NJ 07016				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person							
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqui						cqui	ired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deeme Execution I any (Month/Day		Date, if		(Instr. 8)		1 4. Securities Acqu (A) or Disposed o (Instr. 3, 4 and 5) (A) or		d of (f(D) Benefic		unt of Securities ially Owned Following od Transaction(s) and 4)		6. Ownershi Form: Direct (D or Indirec (I)	of In Ben Own	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Co	ode	V	Amoun	t (D)	Pri	ice				(Instr. 4)		
Common Stock		03/09/2005				;	S		2,500	D	\$ 44.	.15	4,000 (1	4,000 (1)		I	F/B	rtin	
Common Stock		03/10/2005			;	S		2,500	D	\$ 44.	.25	1,500 (1)			I	By F/B Ma Gru	rtin		
Reminder:	Report on a s	separate line fo	or each class of secur						Pers cont the f	ons wi ained i orm di	no resp n this f splays	orm a cu	are irren	not requ itly valid	ction of inf uired to res OMB conf	spond unle	ess	C 1474	1 (9-02)
1	ı			(e.g., pu	ıts, call	s, wa	arran		tions	, conver	tible sec	curiti	ies)			<u> </u>			
Security or Exercise (Month/Day/Year) any		te, if Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		I S (7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owner Form Deriva Securi Direct or Ind	rship of Intive (ty: (D) rect) \ \				
					Code	V	(A)	(D)	Date Exe	e rcisable	Expirat Date	ion	Title	Amount or Number of Shares					

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
GRUSS MARTIN D C/O MACK-CALI REALTY CORPORATION 11 COMMERCE DRIVE CRANFORD, NJ 07016	X						

Signatures

/s/ Martin D. Gruss	03/11/2005
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The ownership amounts reported exclude 1,000 shares of common stock that are directly beneficially owned by the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.