FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations may
continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of PHILIBOSIAN ALA	1	2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director10% Owner			
(Last) C/O MACK-CALI I COMMERCE DRIV			3. Date of Earliest Transaction (Month/Day/Year) 12/28/2004						Officer (give title below)Oth	er (specify below	w)
CRANFORD, NJ 07	2	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group FilingCheck Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(Zip)	Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned			
1.Title of Security 2. Transaction (Instr. 3) Date (Month/Day/Yet)			2A. Deemed Execution Date, if any (Month/Day/Year)			4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)				Ownership Form: Bene	Beneficial Ownership
				Code	v	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock		12/28/2004		M <mark>(1)</mark>		10,000	А	\$ 38.75	12,750 (2)	D	
Common Stock		12/28/2004		S <mark>(1)</mark>		2,000	D	\$ 46.75	10,750 (2)	D	
Common Stock		12/28/2004		S ⁽¹⁾		6,000	D	\$ 46.8	4,750 (2)	D	
Common Stock		12/28/2004		S <mark>(1)</mark>		2,000	D	\$ 46.85	2,750 ⁽²⁾	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	Conversion			Code	ion	of Derivative Expira		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Director Stock Option (Right to Buy)	\$ 38.75	12/28/2004		M ⁽¹⁾			10,000	12/12/1998 ⁽³⁾	12/12/2007	Common Stock	10,000	\$ 38.75	0	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
PHILIBOSIAN ALAN G C/O MACK-CALI REALTY CORPORATION 11 COMMERCE DRIVE CRANFORD, NJ 07016	Х						

Signatures

/s/ Alan G. Philibosian	12/30/2004

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person obtained and sold the Common Stock as a result of the cashless exercise of Director Stock Options.
- (2) The ownership amounts reported exclude 250 shares of common stock indirectly beneficially owned by the reporting person.
- (3) On December 12, 1997, the reporting person was granted an option to purchase 10,000 shares of Common Stock. The option vested on December 12, 1998.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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