FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name: MACK CALI 3. Date of Earlies 12/01/2004	REALT		~ .					suer					
	t Transacti		OKI [C	LI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner								
	t Transacti	on (N	Month/Day	y/Year)	Officer (give title below)	Other (speci							
4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person							
					Form filed by More than One Reporting Person								
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
A. Deemed xecution Date, if ny Month/Day/Year)	3. Transaction Code (Instr. 8)		(A) or Disposed of (Distr. 3, 4 and 5)			Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership					
	Code	V	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)					
	S		4,000 (1)	D	\$ 44.3	21,000 (1)	I	By Charitable Foundation					
	S		700 (1)	D	\$ 44.36	20,300 (1)	I	By Charitable Foundation					
	S		300 (1)	D	\$ 44.37	20,000 (1)	I	By Charitable Foundation					
	S		5,000 (1)	D	\$ 44.85	15,000 (1)	I	By Charitable Foundation					
	S		1,000 (1)	D	\$ 44.8	14,000 (1)	I	By Charitable Foundation					
	S		1,000 (1)	D	\$ 44.91	13,000 (1)	I	By Charitable Foundation					
	S		1,000 (1)	D	\$ 44.95	12,000 (1)	I	By Charitable Foundation					
	S		1,000 (1)	D	\$ 45	11,000 (1)	I	By Charitable Foundation					
	S		1,000 (1)	D	\$ 45.05	10,000 (1)	I	By Charitable Foundation					
ties beneficially o	wned direc	tly o	r indirectl	v [
						Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless							
A X X X	A. Deemed secution Date, if by Month/Day/Year)	Table I - No A. Deemed Recution Date, if any Month/Day/Year) Code S S S S S S S S S S S S S	Table I - Non-Do A. Deemed secution Date, if sy donth/Day/Year) Code (Instr. 8) Code V S S S S S S S S S S Parties beneficially owned directly of percent of the percent of t	Code V	A. Deemed Securition A. Securities Accuration A. Deemed Securition Deemed Code Cod	Code V	Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficial Code (Code (Instr. 8)	X_Form filed by One Reporting Person Form filed by More than One Form filed Form filed by More than One Fo					

1	Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code)	5. Number of Derive Security Acquition (A) of Disposor of (D) (Instruction 4, and	rative rities ired rosed) . 3,			Amount of Underlying		Derivative Security (Instr. 5)	Securities Beneficially Owned Following	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
MACK DAVID S C/O MACK-CALI REALTY CORPORATION 11 COMMERCE DRIVE CRANFORD, NJ 07016	X						

Signatures

/s/ David S. Mack	12/03/2004
***Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents shares of common stock of Mack-Cali Realty Corporation held by The David and Sondra Mack Foundation (the "Foundation"), a charitable foundation of which (1) the reporting person is a trustee. Pursuant to Rule 13d-4 of the Securities Exchange Act of 1934, as amended, the reporting person disclaims beneficial ownership of the shares held by the Foundation. The ownership amounts reported exclude 1,000 shares of common stock directly beneficially owned by the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.