## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROV	/AL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1 37																
Name and Address of Reporting Person      GROSSMAN MICHAEL				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner X_ Officer (give title below) Other (specify below)  Executive Vice President						
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, 11 COMMERCE DRIVE				3. Date of Earliest Transaction (Month/Day/Year) 02/06/2004												
(Street)  CRANFORD, NJ 07016				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu						Acqui	uired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Yea			2A. Deemed Execution Date, if any		(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		f (D)			1	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial		
				(Mont	h/Day/Year)	Code	V Aı	mount	(A) or (D)	Price	(Instr.	3 and 4)			or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		02/06/2004			M <sup>(1)</sup>	60	00	A	\$ 33	57,21	19			D	
Common Stock 02/06/2004					S <sup>(1)</sup>	60	00 1		\$ 42	56,61	19			D		
Reminder: F	Report on a se	eparate line for each	class of securities b	eneficial	ly owned dir		Persons n this fo	orm are	e not rec	quired	d to res	spond u		on containe form displa		1474 (9-02)
Reminder: F	Report on a se	eparate line for each	class of securities b	eneficial	ly owned dir	1	Persons									1474 (9-02)
Reminder: F	2. Conversion	3. Transaction		- Derivat (e.g., pu 4. Transac Code	tive Securiti tits, calls, wa  5. tion Number of Deriva Securit Acquir (A) or	ies Acquire arrants, opt 6. Date Expira (Month tive ties red	Persons n this fo a curren d, Dispos	orm are tly valid sed of, or vertible able and	e not rec id OMB or Benefi e securiti	control cicially (ies) 7. Titl of Und Securi	Owned	spond unber. d Amount	8. Price of	9. Number of Derivative Securities Beneficially Owned Following Reported	of 10. Owners Form o Derivat Security Direct ( or Indir	11. Nati of Indir f Benefic tive Owners 7: (Instr. 4
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II - 3A. Deemed Execution Date, if	- Derivat (e.g., pu 4. Transac Code	tive Securiti tts, calls, wa 5. Numbe of Deriva Securit Acquir	ies Acquire arrants, opt 6. Date Expira (Monti	Persons n this for a curren d, Dispos ions, con e Exercisa tion Date	orm are tly valid sed of, or vertible able and	e not rec id OMB or Benefi e securiti	control cicially (ies) 7. Titl of Und Securi	Owned	spond unber. d Amount	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following	of 10. Owners Form o Derivat Security Direct ( or Indir	11. Nati of Indir Benefic Owners (Instr. 4
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II - 3A. Deemed Execution Date, if	- Derivat (e.g., pu 4. Transac Code	tive Securitits, calls, was tion Number of Deriva Securiti Acquir (A) or Dispos of (D) (Instr. 4, and	ies Acquire arrants, opt 6. Date Expira (Monti	Persons n this for a curren d, Disposions, con e Exercisa tion Date h/Day/Ye:	orm are tly valid sed of, or vertible able and	e not rec id OMB or Benefi e securiti	control cicially (ies) 7. Titl of Und Securi	Owned the and Anderlyin rities : 3 and	spond unber. d Amount	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(	of 10. Owners Form o Derivat Security Direct ( or Indires)	11. Nati of Indir Benefic Owners (Instr. 4

#### **Reporting Owners**

	Relationships			
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
GROSSMAN MICHAEL C/O MACK-CALI REALTY CORPORATION 11 COMMERCE DRIVE CRANFORD, NJ 07016			Executive Vice President	

### **Signatures**

/s/ Michael Grossman	02/09/2004
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person obtained and sold the Common Stock as a result of the cashless exercise of Common Stock Warrants.
- (2) On January 31, 1997, the reporting person was granted a warrant to purchase 20,000 shares of Common Stock. The warrant vested in three equal annual installments beginning January 31, 1998

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.