UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average bu	urden						
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longer subject to Section 16. Form 4 or Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	pe Responses	s)		_														
1. Name and Address of Reporting Person *- REID IRVIN D					2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]							_X_ Di	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
	7	(First) REALTY CORI VE	(Middle) PORATION, 11	3. Dat 01/00		Earliest Ti 004	ransa	action (M	onth/Da	ay/Yea	nr)	Of	ficer (give tit	le below)	Other (specify below)	
(Street) CRANFORD, NJ 07016				4. If A	4. If Amendment, Date Original Filed(Month/Day/Year)							_X_ Forn	6. Individual or Joint/Group Filing/Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(Cit	y)	(State)	(Zip)		Table I - Non-Derivative Securities Acqui							Acquired, Di	ired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yes		Execution Date, if Co		Co (In	Transaction ode nstr. 8)	()	4. Securities Acquire A) or Disposed of (I Instr. 3, 4 and 5) (A) or Amount (D) Pr		Owned Transac	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			orm:	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
	Persons who respond to the collection of information contained in SEC 1474 (9-02) this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of	2.	3. Transaction	3A. Deemed	(e.g.	, put						ble securities	í	Amazzat	Q Duino of	9. Number of	10.	11. Natur	
Derivative Security (Instr. 3)	Conversion		Execution Date, if	Transac Code		Securities (Month/Day/Year) S		of Underlyi Securities	f Underlying Derivative		e Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	of Indirect Beneficia Ownersh (Instr. 4)					
				Code	v	(A)	(D)	Date Exercisa	able	Exp	piration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)		
Phantom Stock Units	\$ 0 (1)	01/06/2004		A		212.62 (2)		08/08/	1988 <mark>(</mark>	3) 08/	/08/1988 <mark>(3)</mark>	Common Stock	212.62	\$40.56	3,826.563	D		

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
REID IRVIN D C/O MACK-CALI REALTY CORPORATION 11 COMMERCE DRIVE CRANFORD, NJ 07016	X					

Signatures

/s/ Irvin D. Reid	01/08/2004
**Signature of Reporting Person	Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The phantom stock units convert to common stock on a one-for-one basis.
- (2) The number of phantom stock units awarded is comprised of a quarterly director's fee earned and quarterly dividend credited on cumulative phantom stock units under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors.
- (3) The phantom stock units were accrued under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors and are to be settled 100% in Mack-Cali Realty Corporation common stock upon the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.