FORM 4

☐ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB Number: 3235-0287 Expires: January 31, 2005 Estimated average burden hours per response. . . 0.5

1. Name and Address of Reporting Person *			6. Relationship of Reporting Person(s) to Issuer (Check all applicable)
Grossman Michael (Last) (First) (Middle)	2. Issuer Name and Ticker or Trading Symbol	4. Statement for Month/Day/Year	Director X_ Officer (give title below) 10% Owner Other (specify below)
c/o Mack-Cali Realty Corporation 11 Commerce Drive (Street) Cranford, New Jersey 07016	Mack-Cali Realty Corporation CLI 3. I.R.S. Identification Number of Reporting Person, if an entity (voluntary)	3/20/03 5. If Amendment, Date of Original (Month/Day/Year)	Executive Vice President 7. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person
(City) (State) (Zip)			Form filed by More than One Reporting Person

Table I — Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	(Month/Day/	2A. Deemed Execution Date, if any (Month/Day/	3. Transaction (Instr. 8)	Code	(Instr. 3, 4 and 5)		osed of (D)	Beneficially Owned Following Reported Transaction(s)	(D) or Indirect (I)	Indirect Beneficial Ownership
(Instr. 3)	Year)	Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)	(Instr. 4)	(Instr. 4)
Common Stock	3/20/03		M(1)		4,500	A	\$26.75		D	
Common Stock	3/20/03		M(1)		750	A	\$24.625		D	
Common Stock	3/20/03		S(1)		5,250	D	\$30.2552	50,519	D	

Table II — Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

				4. Transact Code (Instr. 8)	tion	or Disposed of (D)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date (Month/Day/	3A. Deemed Execution Date, if any (Month/Day/ Year)		V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Securities: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Employee Stock Option (Right to Buy)	\$26.75	3/20/03		M(1)			4,500	(2)	9/11/10	Common Stock	4,500		18,000	D	
Employee Stock Option (Right to Buy)	\$24.625	3/20/03		M(1)			750	(3)	12/3/09	Common Stock	750		2,000	D	
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Explanation of Responses:

- (1) The reporting person obtained and sold the Common Stock as a result of the cashless exercise of Employee Stock Options.
- (2) On September 11, 2000, the reporting person was granted an option to purchase 30,000 shares of Common Stock. The options vest in five equal annual installments beginning December 31, 2000.
- (3) On December 3, 1999, the reporting person was granted an option to purchase 5,000 shares of Common Stock. The options vest in five equal annual installments beginning December 31, 1999.

/s/ Michael Grossman	3/24/03
** Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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