

U.S. SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 4

CHECK THIS BOX IF NO LONGER
SUBJECT TO SECTION 16. FORM 4
OR FORM 5 OBLIGATIONS MAY
CONTINUE. SEE INSTRUCTION 1(B).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or
Section 30(f) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*

Cali	John	J.
----- (Last)	----- (First)	----- (Middle)
c/o Mack-Cali Realty Corporation		
11 Commerce Drive		
----- (Street)		
Cranford	NJ	07016
----- (City)	----- (State)	----- (Zip)

2. Issuer Name and Ticker or Trading Symbol

Mack-Cali Realty Corporation (CLI)

3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Statement for Month/Year

01/98

5. If Amendment, Date of Original (Month/Year)

6. Relationship of Reporting Person(s) to Issuer
(Check all applicable)

<input checked="" type="checkbox"/>	Director	<input type="checkbox"/>	10% Owner
-----		-----	
<input type="checkbox"/>	Officer (give title below)	<input type="checkbox"/>	Other (specify below)
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	Chairman of the Board		

7. Individual or Joint/Group Filing (Check Applicable Line)

<input checked="" type="checkbox"/>	Form filed by One Reporting Person

<input type="checkbox"/>	Form filed by More than One Reporting Person

<TABLE>
<CAPTION>

TABLE 1 -- NON-DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED

