longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

UNITED STATES SECURI

ITIES AND EXCHANGE	COMMISSION
nington, D.C. 20549	

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	e Responses)														
1. Name and Address of Reporting Person* BATKIN ALAN R				2. Issuer Name and Ticker or Trading Symbol Veris Residential, Inc. [VRE]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) C/O VERIS RESIDENTIAL, INC., HARBORSIDE 3, 210 HUDSON ST., STE. 400				3. Date of Earliest Transaction (Month/Day/Year) 07/05/2022							-	Officer (give t	itle below)	Other (specify below)	
(Street) JERSEY CITY, NJ 07311				4. If Amendment, Date Original Filed(Month/Day/Year)						/Day/Year)		6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(City	y)	(State)	(Zip)			Ta	ble I -	- Non	-Deriva	tive Securi	ties Acquire	ed, Disposed o	f, or Benefi	cially Owned		
1.Title of S (Instr. 3)	1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea		2A. Deemed Execution Date, if any (Month/Day/Year)		Date, if Co	(Instr. 8)		(A) (Ins	A) or Disposed of (D) Instr. 3, 4 and 5) (A) or (D) Price		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		O Fo D or (I	6. 7. Nature Ownership of Indirect Form: Beneficial Direct (D) or Indirect (Instr. 4)		
Keimidel. I	xeport on a s	eparate file for each	class of securities b	- Deriva	ative	e Securities A	Acqui	Pe in t a c	rsons versions this for currently	m are not y valid OM d of, or Ber	required to the second to the	o respond ui number.		on contained orm displays		74 (9-02)
Derivative	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code	tion	5. Number of	and Expiration Date (Month/Day/Year)		rcisable on Date	7. Title and Amo Underlying Secur		Securities Derivative		Ownership Form of Derivative	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date	e rcisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)	(I) (Instr. 4)	
Phantom Stock Units	\$ 0 (1)	07/05/2022		A		1,824.476			(3)	(3)	Common Stock, \$0.01 par value	1 824 476	\$ 13.36	15,437.19	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
BATKIN ALAN R C/O VERIS RESIDENTIAL, INC. HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311	X						

Signatures

/s/ Alan Batkin	07/07/2022
**Signature of Reporting Person	Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The phantom stock units convert to common stock on a one-for-one basis.
- (2) The number of phantom stock units awarded is comprised of a quarterly director's fee earned under the Veris Residential, Inc. Deferred Compensation Plan for Directors.
- The phantom stock units were accrued under the Veris Residential, Inc. Deferred Compensation Plan for Directors and are to be settled 100% in Veris Residential, Inc. common stock upon (3) The phantom stock units were accrued under the Veris Residential, inc. Deferred Compensation Figure 1. The phantom stock units were accrued under the Veris Residential, inc. or upon a change in control of Veris Residential, Inc. or upon a change in control of Veris Residential, Inc.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.