

# FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION**  
**Washington, D.C. 20549**

| OMB APPROVAL                                   |           |
|--|-----------|
| OMB Number:                                    | 3235-0287 |
| Estimated average burden hours per response... | 0.5       |

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

|   |         |   |   |  |  |
|---|---------|---|---|--|--|
| 1. Name and Address of Reporting Person*<br><b>TURKANIS JEFFREY SCOTT</b> |         | 2. Issuer Name and Ticker or Trading Symbol<br><b>Veris Residential, Inc. [VRE]</b> |   | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)<br><input type="checkbox"/> Director <input type="checkbox"/> 10% Owner<br><input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below)<br><b>EVP &amp; CHIEF INVESTMENT OFFICER</b> |  |
| (Last)  | (First) | (Middle)  | 3. Date of Earliest Transaction (Month/Day/Year)<br><b>04/18/2022</b> |  |  |
| C/O VERIS RESIDENTIAL, INC., HARBORSIDE<br>3, 210 HUDSON STREET           |         |   | 4. If Amendment, Date Original Filed(Month/Day/Year)                  |  | 6. Individual or Joint/Group Filing (Check Applicable Line)<br><input checked="" type="checkbox"/> Form filed by One Reporting Person<br><input type="checkbox"/> Form filed by More than One Reporting Person |
| (Street)  |         |   | JERSEY CITY, NJ 07311   |  |  |
| (City)  |         | (State)   | (Zip)   |  |  |

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3)     | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) |        | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |            |        | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |   |  |
|-------------------------------------|--------------------------------------|--|--------------------------------|--------|---|------------|--------|---|--|---|---|--|
|                                     |                                      |  | Code                           | V      | Amount  | (A) or (D) | Price  |   |  |   |   |  |
| Time Vesting Restricted Stock Units | 04/18/2022                           |  | A                              | (1)(2) |   |            | 26,026 | A   | \$ 0 (1)   | 26,026  | D |  |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) |     | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) |     | 6. Date Exercisable and Expiration Date (Month/Day/Year) |                 | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |       |
|--|--|--------------------------------------|--|--------------------------------|-----|---|-----|--|-----------------|---|--|--|--|--|-------|
|  |  |                                      |  | Code                           | V   | (A)   | (D) | Date Exercisable   | Expiration Date |   |  |  |  |  | Title |
| Non-Qualified Stock Options (Right to Buy) | \$ 16.33 (3)   | 04/18/2022                           |  | A                              | (3) | 250,000   | (3) | 04/18/2022   | 04/18/2028      | Common Stock, \$0.01 par value                                | 250,000                                    | \$ 0   | 250,000  | D  |       |

## Reporting Owners

| Reporting Owner Name / Address  | Relationships |           |                                |       |
|---|---------------|-----------|--------------------------------|-------|
|   | Director      | 10% Owner | Officer                        | Other |
| TURKANIS JEFFREY SCOTT<br>C/O VERIS RESIDENTIAL, INC.<br>HARBORSIDE 3, 210 HUDSON STREET<br>JERSEY CITY, NJ 07311 |               |           | EVP & CHIEF INVESTMENT OFFICER |       |

## Signatures

|  |                     |
|--|---------------------|
| /s/ Jeffrey Scott Turkanis                   | 04/19/2022          |
| <small>Signature of Reporting Person</small> | <small>Date</small> |

## Explanation of Responses:

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) On April 18, 2022, pursuant to a Restricted Stock Unit Agreement, the Issuer granted the Reporting Person time vesting restricted stock units (each, an "RSU"). Each RSU represents a contingent right to receive one share of the Issuer's common stock, \$0.01 par value per share (the "Common Stock").
- (2) The RSUs generally vest 50% on April 18, 2023, 25% on April 18, 2024, and 25% on April 18, 2025, in each case generally subject to the Reporting Person's continued employment with the Issuer through each such date.
- (3) On April 18, 2022, pursuant to a Stock Option Agreement, the Issuer granted the Reporting Person a stock option to purchase up to 250,000 shares (the "Option") of the Common Stock, with an exercise price of \$16.33 per share. The Option shall generally vest and become exercisable in three equal installments on each of the first three anniversaries after April 18, 2022, subject to the Reporting Person's continued employment with the Issuer through each such date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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