UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	JVAL
OMB Number:	3235-0287
Estimated average b	urden
hours per response.	0.5

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty															
Name and Address of Reporting Person * Tycher Marshall B.				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]					5.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)Director10% Owner					
CORPO	CK-CALI	HARBORSIDE		3. Date o 03/24/2			saction	n (Month/D	Day/Year)		X_Officer (give title below) Other (specify the Chairman of Roseland Chairman Cha				ow)
(Street) JERSEY CITY, NJ 07311			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)			(Zip)	Table I - Non-Derivative Securities Acqu					ies Acquire	lired, Disposed of, or Beneficially Owned					
1.Title of S (Instr. 3)	Security		2. Transaction Date (Month/Day/Year)		ion Da	Year)		(A (In	Securities Acc.) or Disposed astr. 3, 4 and 5	O (In	Amount of Swned Follow ransaction(s) nstr. 3 and 4	ing Reporte	d	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Reminder:	Report on a s	separate line for each	class of securities	peneficial	lly ov	vned direc	tly or	_ `		nd to the	collection	of informa	tion contain	ed SEC	1474 (9-02)
Reminder:	Report on a s	separate line for each		Derivati	ive Se	ecurities A	Acqui	Persons in this for displays	s who respo orm are not s a currently sed of, or Be	required for valid OM neficially O	to respond B control i	unless the		ned SEC	1474 (9-02)
1. Title of	,	3. Transaction Date	Table II - 3A. Deemed Execution Date, if	Derivati (e.g., put 4. Transac Code	ive Sets, cal	ecurities A	Acquiants, or of e	Persons in this for displays	s who respo orm are not s a currently sed of, or Ben vertible secu- ercisable ation Date	required for valid OM neficially O	to respond B control i wned d Amount ring	unless the number.	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction	f 10. Owners Form of Derivati Security Direct (or Indires)	11. Nature of Indire Benefici Owners! (Instr. 4)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II - 3A. Deemed Execution Date, if any	Derivati (e.g., put 4. Transac Code	ive Sets, cal	ecurities A Ils, warra 5. Numbe Derivativo Securities Acquired or Dispos (D) (Instr. 3, 4	Acquiants, or of e	Persons in this for displays red, Dispo ptions, con 6. Date Ex and Expira	s who respo orm are not s a currently sed of, or Ben exercisable tition Date ay/Year)	required (valid OM meficially Ourities) 7. Title and of Underly Securities (Instr. 3 and	to respond B control i wned d Amount ring	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	f 10. Owners Form of Derivati Security Direct (or Indir	11. Nature of Indire Benefici Owners! (Instr. 4)

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Tycher Marshall B. C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311			Chairman of Roseland			

Signatures

/s/ Marshall B. Tycher	03/26/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- On March 24, 2020, the reporting person received a grant of Class I 2020 LTIP Units (the "Class I Units") of Mack-Cali Realty, L.P. (the "Operating Partnership"). The Class I Units are a class of units of the Operating Partnership that, following the occurrence of certain events and upon vesting are convertible by the holder into an equivalent number of Common Units of the Operating Partnership ("Common Units"). Common Units of the Operating Partnership are redeemable by the holder for cash or, at the election of Mack-Cali Realty Corporation (the "Company"), shares of common stock of the Company on a one-for-one basis or the cash value of such shares.
- Fifty percent (50%) of the Class I Units may vest over a three to five year period based on the attainment of absolute total stockholder return ("TSR") metrics by the Company over a three (2) year performance period. The remaining fifty percent (50%) of the Class I Units may vest over a three to five year period based on the Company's TSR relative to the TSR of a peer group of twenty-four REITs over the same three year performance period.
- Reported amounts exclude the following securities directly beneficially owned by the reporting person: (i) 23,041 Class B 2016 LTIP Units; (ii) 123,503 Class C 2017 LTIP Units, (iii) 20,393 Class D 2017 LTIP Units, (iv) 187,075 Class E 2018 LTIP Units, (v) 32,448 Class F 2018 LTIP Units, (vi) 81,766 Class G 2019 LTIP Units, and (vii) 44,683 Class H 2019 LTIP Units. Subject to certain vesting conditions, all of these other classes of LTIP Units of the Operating Partnership may be converted to Common Units on a one-for-one basis.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.