FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
1. Name and Address of Reporting Person * REID IRVIN D				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_Director 10% Owner					
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, HARBORSIDE 3, 210 HUDSON ST., STE. 400			3. Date of Earliest Transaction (Month/Day/Year) 12/03/2019					Office	er (give title belo	ow)0	Other (specify b	elow)			
JERSEY CITY, NJ 07311			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person							
(City) (State) (Zip)				Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		if Coo	(Instr. 8)		4. Securities Acquir (A) or Disposed of (Instr. 3, 4 and 5)		of (D)	Beneficia	t of Securities lly Owned Following Transaction(s)		Ownership Form:	7. Nature of Indirect Beneficial Ownership	
				(Month/Day/Year		Code	V	Amour	(A) or (D)	Price	(msu. 3 a	nu 4)		or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock		12/03/2019		A	\ <u>(1)</u>		4,269	A	\$ 0 (1)	30,249		D			
Reminder:	Report on a s	separate line fo		Derivative Secur	ities A	cquir	Pers cont the f	ons what in the constant of th	no respo in this fo splays a of, or Ber	rm are curre	e not requesting ntly valid	OMB con	formation spond unle trol numbe	ss	1474 (9-02)
				e.g., puts, calls,		ıts, op	1					0.71.0		2 4 2	44.37
Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/\(^\)	Execution Da Year) any	te, if Transactio Code (Instr. 8)	of Deriv	vative rities nired or osed o) r. 3,	and Mo	Expirati	Expiration Date Am Und Sec		itle and ount of lerlying urities tr. 3 and	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownersh Form of Derivati Security Direct (I or Indire	Beneficial Ownership (Instr. 4)
				Code V	(A)	(D)	Date Exer	cisable	Expiratio Date	n Title	Amount or Number of Shares				

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
REID IRVIN D C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311	X					

Signatures

/s/ Irvin D. Reid	12/05/2019			
**Signature of Reporting Person	Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 3, 2019, the reporting person was granted 4,269 restricted shares of common stock pursuant to the 2013 Incentive Stock Plan of Mack-Cali Realty Corporation. The shares shall vest on the date of the 2020 annual meeting of stockholders of Mack-Cali Realty Corporation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.