FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(Print or Type Resp

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Thin of Type Respons	(3)								+			
1. Name and Address of MACK WILLIAN	2. Issuer Name and MACK CALI R			<b>·</b> ·	1	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) C/O MACK-CAL CORPORATION, HUDSON ST., ST	HARBORSIDE		3. Date of Earliest Transaction (Month/Day/Year) 07/02/2019						Officer (give title below) Of	ther (specify belo	ow)	
JERSEY CITY, N		4. If Amendment, D	ate Original	Filed	(Month/Day/	'Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acqu						uired, Disposed of, or Beneficially Owned			
1.Title of Security     2. Transaction       [Instr. 3]     Date       (Month/Day/Yea)		2A. Deemed Execution Date, if any			(A) or Disposed of (D)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form:	7. Nature of Indirect Beneficial		
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.		3A. Deemed			6. Date Exercisable		7. Title and Amount		8. Price of	9. Number of		11. Nature		
Derivative	Conversion	Date	Execution Date, if	Transact	Transaction Derivative		and Expiration Date		of Underlying		Derivative	Derivative	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code	Securities		(Month/Day/Year)		Securities		Security	Securities	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	)	Acquired (A)			(Instr. 3 and 4)		(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative					or Dispose	isposed of				Owned	Security:	(Instr. 4)		
	Security					(D)						Following	Direct (D)		
						(Instr. 3, 4,	,						Reported	or Indirect	
						and 5)							Transaction(s)	(I)	
											Amount		(Instr. 4)	(Instr. 4)	
								Date	Expiration	T'4	or				
								Exercisable	Date	1 itte	Number				
				Code	V	(A)	(D)				of Shares				
Phantom						1.52.2.0				C					
Stock	\$ 0 <del>(1)</del>	07/02/2019		А		173.262		<u>(3)</u>	<u>(3)</u>	Common	173.262	\$ 23.36	20,410.307	D	
Units	ΨŬ					<u>(2)</u>				Stock		÷ _0.00	<u>(4)</u>	-	

# **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
MACK WILLIAM L C/O MACK-CALI REALTY CORPORATION HARBORSIDE 3, 210 HUDSON ST., STE. 400 JERSEY CITY, NJ 07311	Х						

### **Signatures**

/s/ William L. Mack	07/03/2019
**Signature of Reporting Person	Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The phantom stock units convert to common stock on a one-for-one basis.

- (2) The number of phantom stock units awarded consists of a quarterly dividend credited on cumulative phantom stock units under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors.
- The phantom stock units were accrued under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors and are to be settled 100% in Mack-Cali Realty Corporation (3) common stock upon the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation.

Reported amount excludes 2,017,017 common units of limited partnership interest ("Common Units") of Mack-Cali Realty, L.P. directly beneficially owned by the reporting person. Reported amount also excludes the following securities indirectly beneficially owned by the reporting person: (i) 100,000 Common Units held by the William & Phyllis Mack

(4) Foundation, Inc. a charitable foundation of which the reporting person is a trustee (the "Foundation") and (ii) 330,097 Common Units held by a trust (the "Trust") that is a member of a Section 13(d) group with the reporting person in which members of the reporting person's immediate family have a beneficial ownership interest. Pursuant to Rule 13d-4, the reporting person disclaims beneficial ownership of all securities held by the Foundation and the Trust.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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