## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO\	/AL
OMB Number:	3235-0287
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hours per response	0.5

longer subject to Section 16. Form 4 or Form 5

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

obligations may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Typ	e Responses	5)															
1. Name and Address of Reporting Person* GANTCHER NATHAN				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X_ Director  10% Owner						
	*		ORATION, 343			Earliest Tr 014	ansa	ction (Mo	onth/Da	y/Year)			Officer (give title	e below)	Other (	specify below	)
EDISON,	, NJ 08837	(Street)		4. If .	Ame	ndment, Da	ite O	riginal Fi	led(Mon	th/Day/Ye	ar)	_X_ For	vidual or Jo m filed by One m filed by More	Reporting Pers		icable Line)	
(Cit	y)	(State)	(Zip)				Т	able I - N	lon-De	rivative	Securities	Acquired, D	isposed of,	or Benefici	ally Owned		
1.Title of So (Instr. 3)			2. Transaction Date (Month/Day/Y	Year) Exam (N	xecut ny Month	eemed ion Date, if n/Day/Year	Co (In	Code	V A	A) or D	ties Acquire isposed of (4 and 5)  (A) or (D)	D) Owned Transa	ount of Secu I Following ction(s) 3 and 4)		) I I (	Ownership Form:	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Reminder: I	Report on a s	eparate line for each	class of securities be	e II - De	eriva	tive Securi	ties .	P ti c Acquired	Person his for urrent	m are i ly valio	not require I OMB cor	ed to respo ntrol number ally Owned	nd unless		contained in displays a	SEC	1474 (9-02)
1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	Execution Date, if	4. Transac Code	etion 3)	5. Number	(A)	6. Date	Month/Day/Year)  Securities (Instr. 3 and 4)  Security (Instr. 5)  Securities Beneficially Owned Following Reported Transaction(s)		Owners Form of Derivati Security Direct (or Indirects) (I)	Ownership Form of Beneficial Derivative Ownership Security: (Instr. 4) Direct (D) or Indirect					
				Code	v	(A)	(D)	Date Exercisa	able	Expi	ration Date	Title	Amount or Number of Shares		(Instr. 4)	(IIISU: 4	
Phantom Stock Units	\$ 0 (1)	10/03/2014		A		971.227 (2)		08/08/	1988 <mark>(</mark>	08/0	08/1988 <mark>(3</mark>	Common	971.227	\$ 19.38	25,679.71	2 D	

# **Reporting Owners**

	Relationships			
Reporting Owner Name / Address		10% Owner	Officer	Other
GANTCHER NATHAN C/O MACK-CALI REALTY CORPORATION 343 THORNALL STREET EDISON, NJ 08837	X			

# **Signatures**

/s/ Nathan Gantcher	10/07/2014
***Signature of Reporting Person	Date

## **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The phantom stock units convert to common stock on a one-for-one basis.
- (2) The number of phantom stock units awarded is comprised of a quarterly director's fee earned and a quarterly dividend credited on cumulative phantom stock units under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors.
- (3) The phantom stock units were accrued under the Mack-Cali Realty Corporation Deferred Compensation Plan for Directors and are to be settled 100% in Mack-Cali Realty Corporation common stock upon the termination of the reporting person's service on the Board of Directors of Mack-Cali Realty Corporation or upon a change in control of Mack-Cali Realty Corporation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.