FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person * THOMAS ROGER W				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) C/O MACK-CALI REALTY CORPORATION, 343 THORNALL STREET				3. Date of Earliest Transaction (Month/Day/Year) 12/10/2013							//Year)	X_ Offic	er (give title bel EVP, Ger	ow) n Counsel an	Other (specify bd Secretary	elow)	
EDISON	, NJ 0883	(Street)		4. If A	mendn	nent,	Date	Origii	nal File	d(Month	n/Day/Year)		_X_ Form fil	led by One Repo	Group Filing orting Person One Reporting		ole Line)
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea				2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		(tion 4. Securities Acqu (A) or Disposed of (D) (Instr. 3, 4 and 5)		of	Beneficia	lly Owned Following Transaction(s)		\ /	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							С	ode	V	Amour	or (D)	Price				(I) (Instr. 4)	(msu: +)
Common	Stock		12/10/2013				A	<u>(1)</u>		4,000 (1)	A	\$ 0 (1)	147,624			D	
Reminder:	Report on a s	separate line foi	Table II - I	Derivat	ive Sec	curit	ies Ac	equire	Person contain the for ed, Disp	ns whined in	o respon this for splays a	rm are curre	e not requently valid	OMB con	formation spond unle trol numbe	ss	1474 (9-02)
1. Title of	2	3. Transaction	`	<i>e.g.</i> , pu			arran 5.	ts, op			tible secu		itle and	8 Price of	9. Number	of 10.	11. Natur
	Conversion or Exercise Price of Derivative Security	Date	Execution Day Year) any	te, if Transaction Code (Instr. 8)		7 7		6. Date Exercisable and Expiration Date (Month/Day/Year)		Am Uno Sec	ount of derlying urities tr. 3 and	Derivative Security (Instr. 5)		Ownersh Form of Derivati Security Direct (I or Indire	of Indirect Beneficia Ownershi (Instr. 4)		
				Code	V	(A)	(D)	Date Exerci		Expiration Date	n Titl	Amount or e Number of Shares					

Reporting Owners

Reporting Owner Name / Address		Relationships							
		10% Owner	Officer	Other					
THOMAS ROGER W C/O MACK-CALI REALTY CORPORATION 343 THORNALL STREET EDISON, NJ 08837			EVP, Gen Counsel and Secretary						

Signatures

/s/ Roger W. Thomas	12/12/2013
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 10, 2013, the reporting person was granted 4,000 restricted shares of common stock pursuant to the 2013 Incentive Stock Plan of Mack-Cali Realty Corporation, which shares shall be fully vested upon issuance and shall be subject to a six month restriction on transfer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.