## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
Estimated average	burden					
nours per response	e 0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

pe Response	s)									1				
1. Name and Address of Reporting Person* THOMAS ROGER W				2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
		(Middle)  JALL STREET	3. Date of Earliest Transaction (Month/Day/Year) 12/09/2008					X Officer (give title below) Other (specify below)  EVP, Gen Counsel and Secretary						
NI 0883	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person Form filed by More than One Reporting Person						
7)	(State)	(Zip)		Tal	ble I - N	lon-De	rivative	Securitie	s Acqu	ıired, Disp	osed of, or l	Beneficially (	Owned	
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	any		(Instr. 8)		4. Securities Acquire (A) or Disposed of (D) (Instr. 3, 4 and 5)		of	Beneficial Reported	lly Owned Following Transaction(s)		Form: Direct (D)	Beneficial Ownership
					Code	e V	Amou	(A) or (D)	Price		or Indirect (II (I) (Instr. 4)		(Instr. 4)	
Stock		12/09/2008			A <sup>(1</sup>	)	10,42 (1)	26 A	\$ 0 (1)	140,759			D	
						con the ired, D	tained i form di Disposed	in this fo splays a of, or Be	orm ar curre	e not requently valid	uired to res OMB conf	spond unle	ss	
2. Conversion or Exercise Price of Derivative Security	Date	3A. Deemed Execution Dat Year) any	4. Transac Code	5 tion N C C C C C C C C C C C C C C C C C C	Number of Derivati Securities Acquired A) or Disposed of (D) Instr. 3,	6. I and (Mo	Date Exer Expirati onth/Day	rcisable ion Date //Year)	7. T Am Und Sec (Ins 4)	Fitle and fount of derlying purities str. 3 and	8. Price of Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported	Ownersh Form of Derivati Security Direct (I or Indire	Beneficia Ownershi (Instr. 4)
	Ad Address of S ROGER CK-CALI RATION, (1) CK-CALI RATION, (2) Conversion of Exercise Price of Derivative	SROGER W  (First) CK-CALI REALTY RATION, 343 THORN (Street)  (NJ 08837  (State)  (State)  Recurity  2. Conversion or Exercise Price of Derivative  (Month/Day/Y	Address of Reporting Person S ROGER W  (First) (Middle) CK-CALI REALTY RATION, 343 THORNALL STREET (Street)  (Street)  (State) (Zip)  (State) (Zip)  (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  Table II - I (Conversion or Exercise Price of Derivative)  (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)	2. Issuer Na MACK CA S ROGER W MACK CA  (First) (Middle) CK-CALI REALTY RATION, 343 THORNALL STREET  (Street) 4. If Amendr  (NJ 08837  (State) (Zip)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  Table II - Derivative Secence (e.g., puts, call any (Month/Day/Year))  (Month/Day/Year)  2. Table II - Derivative Secence (e.g., puts, call any (Month/Day/Year))  (Month/Day/Year)  (Instr. 8)	Address of Reporting Person Service Security  2. Issuer Name and MACK CALI Ferror (Middle) CK-CALI REALTY RATION, 343 THORNALL STREET  (Street)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Table II - Derivative Securities beneficially own of Exercise Price of Derivative Security  3. Date of Earliest 12/09/2008  2. Transaction Date (Execution Date, if any (Month/Day/Year)  3. Date of Earliest 12/09/2008  4. If Amendment, In the Amendment, I	2. Issuer Name and Tick MACK CALI REAL'  S ROGER W  (First) (CK-CALI REALTY RATION, 343 THORNALL STREET  (Street)  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  Stock  12/09/2008  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. Transaction Date (Linstr.  Code (Instr.  Number Code (Instr. 8)  2. Transaction Conversion or Exercise (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  3. Transaction Date (Linstr.  Code (Instr. 8)  Derivative Security  (A) or Dispose of (D) (Instr. 3)	2. Issuer Name and Ticker or Tr. MACK CALI REALTY CO.  (Street) (Middle) (Street) 3. Date of Earliest Transaction (M. 12/09/2008  (Street) 4. If Amendment, Date Original Formula (M. 12/09/2008  (State) (Zip) Table I - Non-Deveruity (Month/Day/Year)  (State) (Zip) (Zip) Table I - Non-Deveruity (Month/Day/Year)  (State) (Zip) (Zip) (Annual Code (Instr. 8) (Month/Day/Year)  (State) (Zip) (Zip) (Annual Code (Instr. 8) (Month/Day/Year)  (State) (Zip) (Zip) (Annual Code (Instr. 8) (Month/Day/Year)  (Annual Code (Instr. 8) (Month/Day/Y	2. Issuer Name and Ticker or Trading Symack Call Realty CORP [Content of the form display of the form display for the form display fo	2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]  3. Date of Earliest Transaction (Month/Day/Year) 12/09/2008  4. If Amendment, Date Original Filed(Month/Day/Year) 12/09/2008  5. NJ 08837  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. Transaction Code (Instr. 8) (Instr. 3, 4 and 1)  4. Securities Acquired (A) or Disposed of the form displays a decention of Exercise Price of Derivative  2. Transaction Date (Month/Day/Year)  3. Transaction Code (Instr. 8) (Instr. 3, 4 and 1)  4. Securities Acquired, Disposed of, or Be Execution Date, if any (Month/Day/Year)  4. Table II - Derivative Securities Acquired, Disposed of Code (Instr. 8)  5. Share of Earliest Transaction (Month/Day/Year)  6. Date Exercisable and Exercisable and Exercisable and Exercisable and Expiration Date of Derivative Securities Acquired (Month/Day/Year)  7. NJ 08837  8. Transaction Date (Month/Day/Year)  9. Table II - Derivative Securities Acquired (Month/Day/Year)  10. 426  11. Persons who respectively or indirectly.  12. Transaction Date (Month/Day/Year)  13. Transaction Code (Instr. 8)  14. Scurities Acquired (Month/Day/Year)  15. Gode Transaction Code (Instr. 8)  16. Date Exercisable and Expiration Date (Month/Day/Year)  17. Amonth/Day/Year)  18. Securities Acquired (Month/Day/Year)  18. Securities Acquired (Month/Day/Year)  19. Transaction Code (Instr. 8)  19. Transaction Code (Instr. 3)  20. Transaction Code (Instr. 3)  4. Transaction Code (Instr. 3)  4. Securities Acquired (Month/Day/Year)  19. Transaction Code (Instr. 3)  4. Transacti	2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]  3. Date of Earliest Transaction (Month/Day/Year) 12/09/2008  3. Date of Earliest Transaction (Month/Day/Year) 12/09/2008  4. If Amendment, Date Original Filed(Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  5. NJ 08837  6. Date (A) or Disposed of (Instr. 8) 10/07 Price of Derivative Securities Acquired (A) or Disposed of (Instr. 8) 11. Derivative Securities Acquired (B) (Instr. 3) 12/09/2008  7. Table II - Derivative Securities Acquired (A) or Disposed of (Instr. 8) 12/09/2008  8. Table II - Derivative Securities Acquired (B) (Instr. 8) 10/07 Price of Derivative (Month/Day/Year) 12/09/2008  8. Table II - Derivative Securities Acquired (B) (Instr. 8) 10/07 Price of Ord (Instr. 8) 10	Address of Reporting Person* S ROGER W  2. Issuer Name and Ticker or Trading Symbol MACK CALI REALTY CORP [CLI]  3. Date of Earliest Transaction (Month/Day/Year) 12/09/2008  3. Date of Earliest Transaction (Month/Day/Year) 12/09/2008  4. If Amendment, Date Original Filed(Month/Day/Year) 2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  5. Relatio Direct X Offic X Of	Address of Reporting Person* S ROGER W  Address of Reporting Person* S ROGER W  ACK CALI REALTY CORP [CLI]  S. Relationship of Ref. (Ch. Mack CALI REALTY CORP [CLI]  S. Rode of Earliest Transaction (Month/Day/Year)  12/09/2008  State of Earliest Transaction (Month/Day/Year)  (States)  State of Earliest Transaction (Month/Day/Year)  (States)  State of Earliest Transaction (Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  (State)  State of Earliest Transaction (Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  (Month/Day/Year)  Security  State of Earliest Transaction (Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  (Month/Day/Year)  State of Earliest Transaction (Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  State of Earliest Transaction (Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  State of Earliest Transaction (Month/Day/Year)  State of Earliest Transaction (Mo	Address of Reporting Person* S ROGER W  MACK CALI REALTY CORP [CLI]  3. Date of Earliest Transaction (Month/Day/Year) 12/09/2008  Table I - Non-Derivative Securities Acquired (A) or Experties In Internation (Instr. 3, 4 and 5)  (Stock  12/09/2008  Table I - Derivative Securities Seneficially owned directly or indirectly.  Table II - Derivative Securities Acquired (Month/Day/Year)  13. Transaction (Instr. 3)  14. If Amendment, Date Original Filed(Month/Day/Year)  25. Transaction (Month/Day/Year)  (Month/Day/Year)  15. Relationship of Reporting Person (Check all application (Check all application (Check all application) (Che	Address of Reporting Persons* S ROGER W  MACK CALI REALTY CORP [CLI]  3. Date of Earliest Transaction (Month/Day/Year) 12/09/2008  4. If Amendment, Date Original Filed(Month/Day/Year) 12/09/2008  4. If Amendment, Date Original Filed(Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 2. Transaction (Month/Day/Year) 2. Transactio

#### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
THOMAS ROGER W C/O MACK-CALI REALTY CORPORATION 343 THORNALL STREET EDISON, NJ 08837			EVP, Gen Counsel and Secretary				

## **Signatures**

/s/ Roger W. Thomas	12/11/2008
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 9, 2008, the reporting person was granted 10,426 restricted shares of common stock pursuant to the 2000 Employee Stock Option Plan of Mack-Cali Realty Corporation, which shares shall be fully vested upon issuance and shall be subject to a six month restriction on transfer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.