UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE **SECURITIES EXCHANGE ACT OF 1934**

Date of report (Date of earliest event reported): February 29, 2024

VERIS RESIDENTIAL. INC.

(Exact Name of Registrant as Specified in Charter)

1-13274

(Commission File Number)

Harborside 3, 210 Hudson St., Ste. 400 Jersey City, New Jersey 07311

(Address of Principal Executive Offices) (Zip Code)

(732) 590-1010

(Registrant's telephone number, including area code)

VERIS RESIDENTIAL, L.P.

(Exact Name of Registrant as Specified in Charter)

Delaware

(State or Other Jurisdiction of Incorporation)

Maryland

(State or Other Jurisdiction

of Incorporation)

333-57103 (Commission File Number)

22-3315804 (IRS Employer Identification No.)

Harborside 3, 210 Hudson St., Ste. 400

Jersey City, New Jersey 07311 (Address of Principal Executive Offices) (Zip Code)

(732) 590-1010

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions kee General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities Registered Pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, par value \$0.01	VRE	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 ($\S240.12b-2$ of this chapter). Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 8.01 Other Events.

On February 29, 2024, Veris Residential, Inc. (the "Company") and general partner of Veris Residential, L.P., the operating partnership through which the Company conducts its business (the "Operating Partnership"), announced that the Company's Board of Directors (the "Board") declared a quarterly dividend on its common stock for the first quarter 2024 in the amount of \$0.0525 per share. The Board has fixed April 3, 2024 as the record date for those holders of common stock entitled to the payment of the dividend. The dividend will be paid on April 16, 2024.

A copy of the Company's press release announcing the first quarter 2024 dividend is filed herewith as Exhibit 99.1 and incorporated herein by reference.

22-3305147 (IRS Employer Identification No.)

(d) Exhibits			
Exhibit Number	Exhibit Title		
<u>99.1</u>	Press Release of Veris Residential, Inc.		
104	Cover Page Interactive Data File (embedded within the Inline XBRL document).		
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SIGNATURES			
Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, each registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.			
	VERIS RESIDENTIAL, INC.		
Dated: February 29, 2024	By: /s/ Taryn Fielder		
	Taryn Fielder General Counsel and Secretary		
	VERIS RESIDENTIAL, L.P.		
	By: Veris Residential, Inc., its general partner		

Dated: February 29, 2024

By: /s/ Taryn Fielder Taryn Fielder General Counsel and Secretary

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Veris Residential Declares Quarterly Cash Dividend

JERSEY CITY, N.J., February 29, 2024 /PRNewswire/ -- Veris Residential, Inc. (NYSE: VRE) ("Veris Residential" or the "Company"), a forward-thinking, environmentally and socially conscious REIT that primarily owns, operates, acquires and develops Class A multifamily properties, today announced that the Company's Board of Directors has declared a cash dividend on its common stock for the first quarter 2024 in the amount of \$0.0525 for the period ending March 31, 2024. The dividend will be paid on April 16, 2024 to shareholders of record as of April 3, 2024.

The timing and amount of future dividends is subject to approval by the Board of Directors taking into consideration multiple factors including but not limited to the Company's AFFO and actual cash flows from operations, its estimate of taxable income and related distribution requirements as well as any capital requirements.

About Veris Residential, Inc.

Veris Residential, Inc. is a forward-thinking, environmentally and socially conscious real estate investment trust (REIT) that primarily owns, operates, acquires, and develops holistically inspired, Class A multifamily properties that meet the sustainability-conscious lifestyle needs of today's residents while seeking to positively impact the communities it serves and the planet at large. The company is guided by an experienced management team and Board of Directors and is underpinned by leading corporate governance principles, a best-in-class and sustainable approach to operations, and an inclusive culture based on equality and meritocratic empowerment. For additional information on Veris Residential, Inc. and our properties available for lease, please visit https://verisresidential.com.

Investors Anna Malhari Chief Operating Officer investors@verisresidential.com

Media Amanda Shpiner/Grace Cartwright Gasthalter & Co. 212-257-4170 veris-residential@gasthalter.com