UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): September 7, 2023 (September 6, 2023)

VERIS RESIDENTIAL, INC.

(Exact Name of Registrant as Specified in Charter)

1-13274 (Commission File Number)

Harborside 3, 210 Hudson St., Ste. 400 Jersey City, New Jersey 07311 (Address of Principal Executive Offices) (Zip Code)

(732) 590-1010 (Registrant's telephone number, including area code)

VERIS RESIDENTIAL, L.P.

(Exact Name of Registrant as Specified in Charter)

333-57103 (Commission File Number)

Delaware (State or Other Jurisdiction of Incorporation)

Marvland

(State or Other Jurisdiction

of Incorporation)

Harborside 3, 210 Hudson St., Ste. 400 Jersey City, New Jersey 07311 (Address of Principal Executive Offices) (Zip Code)

(732) 590-1010

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions *(ee General Instruction A.2. below)*:

" Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

" Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

" Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

" Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities Registered Pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which
		registered
Common Stock, par value \$0.01	VRE	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter). Emerging growth company "

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 7.01 Regulation FD Disclosure

Beginning on September 8, 2023, Veris Residential, Inc., a Maryland corporation (the "General Partner") and the general partner of Veris Residential, L.P. (the "Company," and together with the General Partner, the "Registrants"), will participate in investor meetings and the Evercore ISI Annual Real Estate Conference and the BofA Securities 2023 Global Real Estate Conference during which members of the General Partner's management will make presentations to investors. A copy of the General Partner's investor presentation is furnished herewith as Exhibit 99.1.

22-3305147 (IRS Employer Identification No.)

22-3315804 (IRS Employer Identification No.) In accordance with General Instruction B.2. of Form 8-K, this information, including Exhibit 99.1 furnished herewith, is furnished pursuant to Item 7.01 and shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, nor shall it be incorporated by reference into a filing under the Securities Act of 1933, as amended (the "Securities Act"), or the Exchange Act. The information in this Item 7.01 of this Current Report on Form 8-K (including the exhibit hereto) will not be deemed an admission as to the materiality of any information required to be disclosed solely to satisfy the requirements of Regulation FD.

Cautionary Statements

This Current Report on Form 8-K, including the exhibits furnished herewith, contains "forward-looking statements" within the meaning of Section 21E of the Exchange Act. Such forward-looking statements relate to, without limitation, our future economic performance, plans and objectives for future operations and projections of revenue and other financial items. Forward-looking statements can be identified by the use of words such as "may," "will," "plan," "potential," "project," "should," "expect," "anticipate," "estimate," "target," "continue" or comparable terminology. Forward-looking statements are inherently subject to certain risks, trends and uncertainties, many of which we cannot predict with accuracy and some of which we might not even anticipate. Although we believe that the expectations reflected in such forward-looking statements are based upon reasonable assumptions at the time made, we can give no assurance that such expectations will be achieved. Future events and actual results, financial and otherwise, may differ materially from the results discussed in the forward-looking statements as a result of various factors, including those listed in Exhibit 99.1 on page 2 and incorporated by reference herein. Readers are cautioned not to place undue reliance on these forward-looking statements. Unless required by U.S. federal securities laws, we do not intend to update any of the forward-looking statements to reflect circumstances or events that occur after the statements are made or to conform the statements to actual results. The information contained in this Current Report on Form 8-K, including the exhibit filed herewith, should be viewed in conjunction with the consolidated financial statements and notes thereto appearing in the Registrants' Annual Reports on Form 10-K and Quarterly Reports on Form 10-Q.

In connection with the foregoing, the Registrants hereby furnishes the following documents:

Item 9.01	Financial Statements and Exhibits
Item 2101	I munchar Statements and Exmons

(d) Exhibits

Exhibit NumberExhibit Title99.1Investor Presentation dated September 6, 2023.104.1The cover page from this Current Report on Form 8-K, formatted in Inline XBRL.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, each registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: September 7, 2023

VERIS RESIDENTIAL, INC.

By: /s/ Taryn Fielder Taryn Fielder Executive Vice President, General Counsel and Corporate Secretary

VERIS RESIDENTIAL, L.P.

By: Veris Residential, Inc. its general partner

> By: /s/ Taryn Fielder Taryn Fielder Executive Vice President, General Counsel and Corporate Secretary

Dated: September 7, 2023



SERVING PROPERTIES, PEOPLE, AND THE PLANET.

Corporate Presentation

SEPTEMBER 6, 2023

FORWARD-LOOKING STATEMENTS



This Operating and Financial Data should be read in connection with our Quarterly Report on Form 10-Q for the quarter ended June 30, 2023.

Statements made in this presentation may be forward-looking statements within the meaning of Section 21E of the Securities Exchange Act of 1934, as amended. Such forward-looking statements are intended to be covered by the safe harbor provisions for forward-looking statements contained in Section 21E of such act. Such forward-looking statements relate to, without limitation, our future economic performance, plans and objectives for future operations and projections of revenue and other financial items. Forward-looking statements can be identified by the use of words such as "may", "will," "plan," "potential," "projected," "should," "expect," "anticipate," "estimate," "araget," "continue" or comparable terminology. Forward-looking statements are inherently subject to certain risks, trends and uncertainties, many of which we cannot predict with accuracy and some of which we might not even anticipate. Although we believe that the expectations reflected in such forward-looking statements and are advised to consider the factors listed above together with the additional factors under the heading "Disclosure Regarding Forward-Looking statements" and are advised to consider the factors listed above together with the additional factors under the heading "Disclosure Regarding Forward-Looking statements" as an unaul epotts on Form 10-K, as may be supplemented or amended by our quartery reports on Form 10-Q, which are incorporated herein by reference. We assume no obligation to update or supplement forward-looking statements that become untrue because of subsequent events, new information or otherwise.

CORPORATE PRESENTATION, SEPTEMBER 6, 2023



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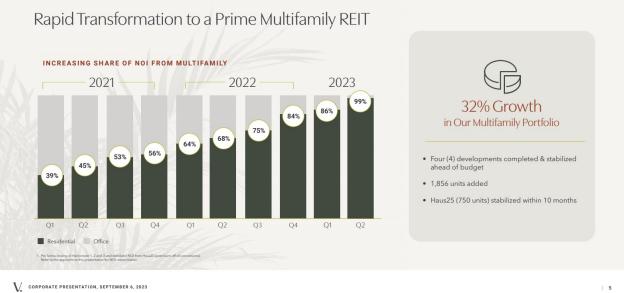
Transformation Highlights



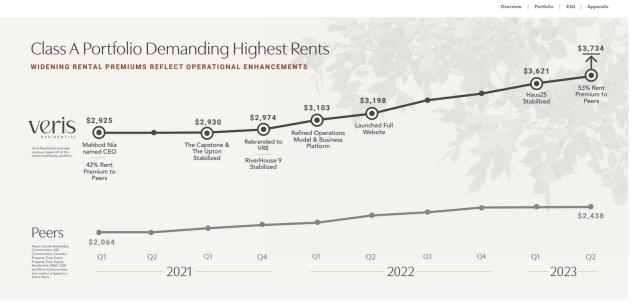
CORPORATE PRESENTATION, SEPTEMBER 6, 2023

ญิญ Cements Position as Pure-Play Multifamily REIT

- 99% of NOI from multifamily (vs 39% in Q1 2021)
- Youngest multifamily portfolio commanding highest rents and lowest capex per unit among peers
- Reinstated a quarterly dividend of \$0.05 per common share effective for the third quarter of 2023



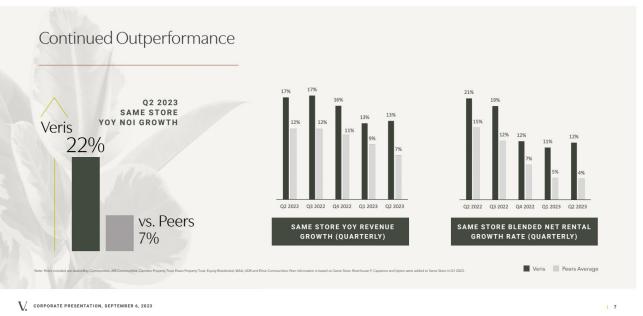
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OVERVIEW



Focus on Operational Excellence

		AvalunBay	AIR	CAMDEN	ESSEX PROPERTY TRUST, INC	Equity Residential	фмаа	UDR	∧ elme		
Number of Properties	23	294	73	172	252	304	292	181	27		
Number of Units	7,681	88,659	22,455	60,514	62,261	80,212	99,407	57,997	8,873		
Same Store NOI Growth YoY	21.8%	7.9%	11.2%	7.1%	3.6%	5.4%	8.6%	7.7%	10.8%		
Net Blended Rental Growth Rate ⁽²⁾	11.2%	6.4%	6.5%	4.1%	2.2%	4.3%	3.8%	3.1%	3.7%		
Same Store Ave. Monthly Rent per Home	\$3,708	\$2,920	\$2,870	\$1,998	\$2,597	\$3,026	\$1,673	\$2,532	\$1,890		
Average Asset Age ⁽³⁾	7	15	38	13	28	23	19	23	42		
Capex Reserve per Home ⁽³⁾	\$1,750	\$2,300	\$4,575	\$3,150	\$3,550	\$2,500	\$2,350	\$3,250	\$3,250		
ORA TM Score ⁽⁴⁾	80.65	78.46	67.16	78.57	59.39	70.73	79.06	58.31	68.32		
Elite 1% ORA®(4) Properties for 2021	5	20	1	13	1	7	29	0	0		

Note: Veris Residential properties as of June 30, 2023. Peer comparable data as of Q2 2023 reporting. 1. Veris Residential portfolio includes HausZ3 and The James, except for Same Store metrics. 2. Veris Residential had an unadjusted NOI Margi of 64 84 for Q2. The 64.8% includes tax adjustmen 3. Information based on Green Street as of July 24, 2023. 4. ORA Rankings a published by J Sumer as of June 2023.

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Debt Overview

FINANCING AND LIQUIDITY

- As of August 30, 99% of the Company's total debt portfolio (consolidated and unconsolidated) is hedged or fixed. The Company's total debt portfolio has a weighted average interest rate of 4.4% and weighted average maturity of 4 years.
- The loans on Portside 1 and Haus25 were refinanced in August and reflected in the above statement.
- Leverage primarily comprised of senior secured mortgage debt on multifamily properties.



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Components of Net Asset Value

\$ IN THOUSANDS

REAL ESTATE PORTFOLIO	TOTAL	AT SHARE
New Jersey Waterfront	\$137,660	\$114,454
Normalized impact of successful tax appeals	(8,716)	(8,716)
Massachusetts	24,144	24,144
Other	32,972	23,998
Haus25 (Stabilized NOI)	30,426	30,426
Total Multifamily NOI	\$216,486	\$184,306
Commercial NOI	5,336	4,317
Total NOI	\$221,822	\$188,623
NON-STRATEGIC ASSETS		
Book Value of Harborside 5		\$119,544
Gross Price of Non-Strategic Assets Under Binding Contract		205,000
Estimated Land Value		210,551
Subtotal Non-Strategic Assets		\$504,783

Notes: See "Information About FFO, Core FFO, AFFO, NOI, Adjusted EBITDA & EBITDA's "Net Asset Value ("NAV") is the metric that represents the net projected value of the Company", interest after accounting for all priority delts and equip payments. The metric includes capital invested by the Company "faster effect host Company" (Same Metric host and equip adjustment effects and equip adjust

OTHER ASSETS	TOTAL	
Cash and Cash Equivalents	\$17,907	
Restricted Cash	22,430	- (V
Other Assets	71,267	
Subtotal Other Assets	\$111,604	_
LIABILITIES AND OTHER CONSIDERATIONS Operating - Consolidated Debt at Share	\$1,753,835	
Operating - Consolidated Debt at Share		E/ //
	\$1,753,835 310,067 75,984	Ē
Operating - Consolidated Debt at Share Operating - Unconsolidated Debt at Share	310,067	
Operating - Consolidated Debt at Share Operating - Unconsolidated Debt at Share Other Liabilities	310,067 75,984	
Operating - Consolidated Debt at Share Operating - Unconsolidated Debt at Share Other Liabilities Revolving Credit Facility Term Loan	310,067 75,984 25,000	
Operating - Consolidated Debt at Share Operating - Unconsolidated Debt at Share Other Liabilities Revolving Credit Facility	310,067 75,984 25,000 115,000	
Operating - Consolidated Debt at Share Operating - Unconsolidated Debt at Share Other Liabilities Revolving Credit Facility Term Loan Prefered Equity/LP interest	310,067 75,984 25,000 115,000 40,231	
Operating - Consolidated Debt at Share Operating - Unconsolidated Debt at Share Other Liabilities Revolving Credit Facility Term Loan Preferred Equity/LP interest Subtotal Liabilities and Other Considerations	310,067 75,984 25,000 115,000 40,231	

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Best-In-Class, Northeast Multifamily REIT

ASSETS AT A GLANCE

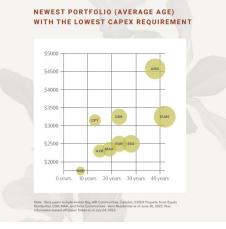
7,681 Premium units across 23 assets, with locations across New Jersey, Boston, Suburban New York and Washington, D.C.

Since endeavoring to become a pure-play, multifamily REIT, we have added 1,856 residential units to our portfolio-that's a growth of 32% in just two years. All acquisitions and developments stay true to our vision: Class A properties with resortstyle amenities, professionally-curated events and a commitment to ESG.

María County Market	Jarry City Market	Nev York Market	Notation	0
Morris County Market		Vew TOPK Market		
	New York	and the second s	MORRIS COUNTY	JERSEY CITY
Nonak	New York	and the second sec	Signature Place	 Soho Lofts
Nonex	New York	NEW YORK • Quarty Place MASSACHUSETTS	Signature Place The Metropolitan at 40 Park The Metropolitan Lofts BERGEN COUNTY	
Neverk	Rev York	Quarry Place MASSACHUSETTS	 Signature Place The Metropolitan at 40 Park The Metropolitan Lofts 	 Soho Lofts Urby BLVD Collection Haus25 Liberty Towers
		Quarry Place	Signature Place The Metropolitan at 40 Park The Metropolitan Lofts BERGEN COUNTY The James	 Soho Lofts Urby BLVD Collection Haus25 Liberty Towers PORT IMPERIAL
Vererk	Re tot	Quarry Place MASSACHUSETTS 145 Front at City Square	Signature Place The Metropolitan at 40 Park The Metropolitan Lofts BERGEN COUNTY	 Soho Lofts Urby BLVD Collection Haus25 Liberty Towers
		Quarry Place MASSACHUSETTS 145 Front at City Square Portside I/II at East Pier	Signature Place The Metropolitan at 40 Park The Metropolitan Lofts BERGEN COUNTY The James HARRISON	 Soho Lofts Urby BLVD Collection Haus25 Liberty Towers PORT IMPERIAL RiverTrace The Capstone

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Class-A Portfolio



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Properties boast lounges with picturesque views, advanced fitness centers, dog parks and grooming areas, rooftop swimming pools and rec areas, as well as ESG-driven features like EV charging stations, green roofs, and resident programs like rooftop beehives and Veris Farm.

We also allow residents to book private events in shared spaces, such as our lounges, rooftop areas, conference rooms and work pods-all providing additional income.



Technology-Focused Approach

MODERN EFFICIENCIES

Our integrated suite of front office technology provides multifamily owners and operators the levers they need to improve efficiency, maximize NOI and effortlessly guide tenants from lead to lease.

MyVeris App The MyVeris app allows residents to pay rent, reserve amenities, RSVP to events and manage maintenance requests. It also serves as a communication tool.

Self-Service Leasing This service allows prospects to schedule and adjust appointments and lease apartments sight-unseen directly through our website.



Virtual Tours Prospects can now remotely tour selected apartments via our website, allowing them to visualize their apartment home. Stats from this service also provide analytics and market insights to our teams.

Revenue Optimization Platform Analytical, informed approach to pricing, maximizing revenue for new leases and renewals.

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PORTFOLIO view | Portfolio | ESG | Appendix





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CORPORATE PRESENTATION, SEPTEMBER 6, 2023



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Overview | Portfolio | ESG | Appendix





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Information About Net Operating Income (NOI) Reconciliation of Net Income (LOSS) to Net Operating Income (NOI)

		Q2	2 2023	Q1 2023			
	Multifamily	Office / Corp	Disc. Ops	Total	Multifamily	Office / Corp	Total
Net Income (loss)	\$(12,805)	\$(17,330)	\$-	\$(30,135)	\$(11,015)	\$(5,215)	\$(16,230)
Deduct:							
Real estate services income	(644)	1	-	(643)	(911)	-	(911)
Interest and other investment loss (income)	(1)	(3,926)		(3,927)	(29)	(87)	(116)
Equity in (earnings) loss of unconsolidated joint ventures	(2,700)	3 — 3		(2,700)	68	-	68
General & Administrative - property level	-	3,488	(3,488)	-	3	-	3
Realized and unrealized (gains) losses on disposition	-	-	-	-	-	(780)	(780)
(Gain) loss on disposition of developable land	-		-	_		22	22
(Gain) loss from early extinguishment of debt, net	-	2,657	-	2,657	(12)	12	-
Other Income	(710)	(143)	-	(853)	-		_
Add:							
Real estate services expenses	2,352	2,037	-	4,389	1,897	46	1,943
General and administrative	660	8,932	(10)	9,582	1,354	8,932	10,286
Dead deal and transaction-related costs	-	3,319	-	3,319	-	1,027	1,027
Depreciation and amortization	21,583	2,376	(275)	23,684	21,506	2,370	23,876
Interest expense	35,068	14	-	35,082	21,986	28	22,014
Land impairments		3,396	-	3,396	3,396	-	3,396
Net Operating Income (NOI)	\$42,803	\$4,821	\$(3,773)	\$43,851	\$38,243	\$6,355	\$44,598

DEFINITION OF NET OPERATING NECOME (NOI): DOI: Interpretent task in the second of the

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Definitions

Net Blended Rental Growth Rate combines new lease and renewal lease growth rates. New lease growth rate refers to the difference in rent a new occupant of a unit is paying compared to the rent the unit's previous occupant was paying on a net effective basis. Renewal lease growth rate refers to the increase or decrease in monthly rent in a renewed lease compared to the previous lease on a net effective basis.

Average Effective Monthly Rent Per Home represents the average effective rent (net of concessions) for in-place leases and the market rent for vacant homes.

ORA™ score is an aggregate compilation of a property's ratings across various review sites. Each month, J Turner Research monitors the online ratings of more than 120,000 properties nationwide. Using a statistical model, a single score based on a scale of 0 to 100 is assigned to each property.

Elite 1% ORA* Properties for 2021 is an annual ranking of the 128,000 properties assessed by ORA* nationally. The top 1% make it to the list, typically requiring a property score above 95.

Same Store includes properties that were owned for the entirety of the years being compared and exclude properties under redevelopment or development and properties acquired, sold or classified as held for sale during the years being compared.

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Thank You

THIS PRESENTATION HAS BEEN FORMATTED FOR SCREENS.
PLEASE CONSIDER THE ENVIRONMENT BEFORE PRINTING.

