UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): March 6, 2023

VERIS RESIDENTIAL, INC.

(Exact Name of Registrant as Specified in Charter)

1-13274 (Commission File Number)

Harborside 3, 210 Hudson St., Ste. 400 Jersey City, New Jersey 07311 (Address of Principal Executive Offices) (Zip Code)

(732) 590-1010 (Registrant's telephone number, including area code)

VERIS RESIDENTIAL, L.P.

(Exact Name of Registrant as Specified in Charter)

333-57103 (Commission File Number)

Delaware (State or Other Jurisdiction of Incorporation)

Maryland

(State or Other Jurisdiction

of Incorporation)

Harborside 3, 210 Hudson St., Ste. 400 Jersey City, New Jersey 07311 (Address of Principal Executive Offices) (Zip Code)

(732) 590-1010

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions *kee* General Instruction A.2. below):

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities Registered Pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which
		registered
Common Stock, par value \$0.01	VRE	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter). Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 7.01 Regulation FD Disclosure

Beginning on March 6, 2023, Veris Residential, Inc., a Maryland corporation (the "General Partner") and the general partner of Veris Residential, L.P. (the "Company," and together with the General Partner, the "Registrants"), will participate in investor meetings at the Citi Global Property Conference during which members of the General Partner's management will make presentations to investors. A copy of the General Partner's investor presentation is furnished herewith as Exhibit 99.1.

22-3305147 (IRS Employer Identification No.)

22-3315804 (IRS Employer Identification No.)

In accordance with General Instruction B.2. of Form 8-K, this information, including Exhibit 99.1 furnished herewith, is furnished pursuant to Item 7.01 and shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, nor shall it be incorporated by reference into a filing under the Securities Act of 1933, as amended (the "Securities Act"), or the Exchange Act. The information in this Item 7.01 of this Current Report on Form 8-K (including the exhibit hereto) will not be deemed an admission as to the materiality of any information required to be disclosed solely to satisfy the requirements of Regulation FD.

Cautionary Statements

This Current Report on Form 8-K, including the exhibits furnished herewith, contains "forward-looking statements" within the meaning of Section 21E of the Exchange Act. Such forward-looking statements relate to, without limitation, our future economic performance, plans and objectives for future operations and projections of revenue and other financial items. Forward-looking statements can be identified by the use of words such as "may," "will," "plan," "potential," "project," "should," "expect," "anticipate," "estimate," "target," "continue" or comparable terminology. Forward-looking statements are inherently subject to certain risks, trends and uncertainties, many of which we cannot predict with accuracy and some of which we might not even anticipate. Although we believe that the expectations reflected in such forward-looking statements are based upon reasonable assumptions at the time made, we can give no assurance that such expectations will be achieved. Future events and actual results, financial and otherwise, may differ materially from the results discussed in the forward-looking statements as a result of various factors, including those listed in Exhibit 99.1 on page 2 and incorporated by reference herein. Readers are cautioned not to place undue reliance on these forward-looking statements. Unless required by U.S. federal securities laws, we do not intend to update any of the forward-looking statements to reflect circumstances or events that occur after the statements are made or to conform the statements to actual results. The information contained in this Current Report on Form 8-K, including the exhibit filed herewith, should be viewed in conjunction with the consolidated financial statements and notes thereto appearing in the Registrants' Annual Reports on Form 10-K and Quarterly Reports on Form 10-Q.

In connection with the foregoing, the Registrants hereby furnishes the following documents:

Item 9.01 **Financial Statements and Exhibits**

(d) Exhibits

Exhibit Number	Exhibit Title
99.1	Investor Presentation.
104.1	The cover page from this Current Report on Form 8-K, formatted in Inline XBRL.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, each registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

VERIS RESIDENTIAL, INC.

Dated: March 6, 2023

By: /s/ Taryn Fielder

> Tarvn Fielder Executive Vice President, General Counsel and Corporate Secretary

VERIS RESIDENTIAL, L.P.

Bv: Veris Residential, Inc. its general partner

Dated: March 6, 2023

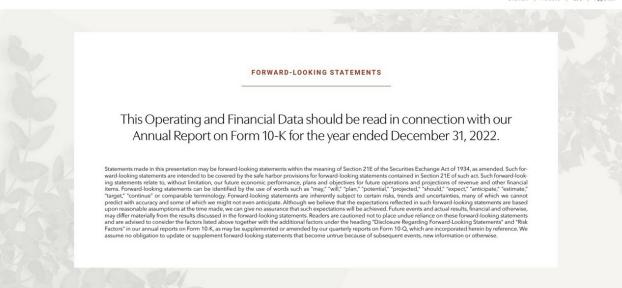
/s/ Taryn Fielder Bv: Taryn Fielder Executive Vice President, General Counsel and Corporate Secretary



SERVING PROPERTIES, PEOPLE, AND THE PLANET.

Corporate Presentation

MARCH 3, 2023



V. CORPORATE PRESENTATION, MARCH 3, 2023



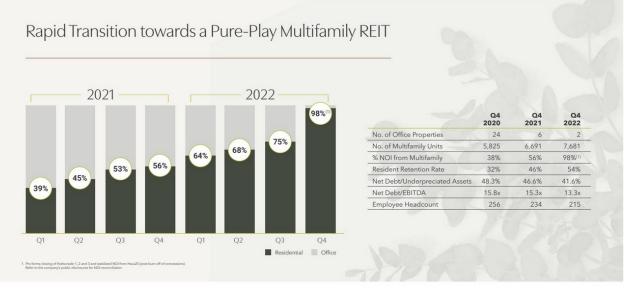
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SIMPLIFIED BUSINESS. STRENGTHENED BALANCE SHEET. ENHANCED OPERATIONS.



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OVERVIEW

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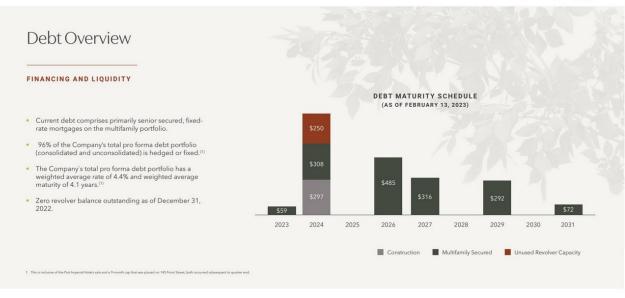
Focus on Operational Excellence

	veris	AvalanBay	AIR		ESSEX PROPERTY TRUST INC	Equity Residential	фмаа	UR	∧ elme	
Number of Properties	24	294	74	172	252	308	292	181	27	
Number of Units	6,931	85,753	22,000	60,652	62,411	79,597	99,407	57,386	8,868	
Same Store NOI Growth YoY	20.1%	13.2%	14.0%	14.6%	13.2%	14.4%	17.1%	14.2%	8.8%	
Net Blended Rental Growth Rate ⁽²⁾	11.7%	8.9%	10.2%	7.6%	3.8%	5.8%	10.1%	5.4%	5.7%	
Same Store Ave. Monthly Rent per Home	\$3,482	\$2,861	\$2,747	\$1,868	\$2,556	\$2,944	\$1,646	\$2,499	\$1,874	
Average Asset Age ⁽³⁾	6	15	38	13	28	23	19	23	42	
Capex Reserve per Home ⁽³⁾	\$1,600	\$2,100	\$4,500	\$3,025	\$3,125	\$2,300	\$2,425	\$2,850	\$2,500	
ORA [™] Score ⁽²⁾	82.75	78.90	68.66	79.02	60.00	69.95	77.87	58.65	83.00	
Elite 1% ORA®(4) Properties for 2021	5	20	1	13	1	7	29	0	0	

New York Redenial properties as of Documber 31, 2022. The composed data as of 23227 appropring 1. York Redenial portalis posteriors as the Redenial as December 222. A Per elements as also methods the tabut Research as a reduced to the system as a reduced to the Sy

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OVERVIEW
Overview | Portfolio | ESG | Appendix



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Components of Net Asset Value

\$ IN THOUSANDS

Operating Multifamily NOI		
Same Store NOI (Q4 annualized)	\$133,053	\$111,632
Adjustment for Run Rate Real Estate Taxes & Insurance	e 8,554	7,176
Adjusted Same Store NOI	141,607	118,808
Lease-Up Properties Stabilized in Q4 '21(1)	24,736	18,422
The James	4,464	4,464
Haus25 (Stabilized NOI) ²⁾	30,426	30,426
Total Multifamily NOI	\$201,233	\$172,120
Commercial NOI ⁽²⁾	\$4,664	\$3,773
Office NOI(3)	923	923
Total NOI	\$206,820	\$176,816
NON-STRATEGIC ASSETS		
Gross Proceeds from Under Contract Sales ⁽⁴⁾		437,000
		97,000
Gross Proceeds from Port Imperial Hotels Estimated Land Value - Outside Rockpoint JV		79,608
Gross Proceeds from Port Imperial Hotels		238,045

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OTHER ASSETS	TOTAL		
Cash and Cash Equivalents	\$26,782		
Restricted Cash	20,867		
Other Assets	140,816		
Subtotal Other Assets	\$188,465		

LIABILITIES

Operating - Consolidated Debt at Share	\$1,456,704
Operating - Unconsolidated Debt at Share	311,738
Lease-Up - Wholly Owned Debt	297,324
Lease-Up - Unfunded Wholly Owned Debt	2,676
Hotels Debt	84,000
Other Liabilities	102,223
Revolving Credit Facility	-
Subtotal Liabilities	\$2,254,665

OTHER CONSIDERATIONS

Subtotal Other Considerations	\$513,431
Preferred Equity/LP Interest	\$40,231
Rockpoint Interest	\$473,200

OUTSTANDING SHARES

Common Shares (Outstanding as of 12/31/22)	100,443,170
Fully Diluted Shares for Q4 2022	100,416,881

PORTFOLIO ew Portfolio ESG Appendix

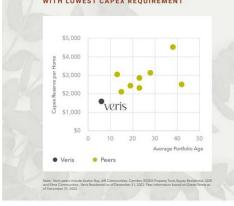


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V CORPORATE PRESENTATION, MARCH 3, 2023

Class-A Portfolio The lowest average age properties with lowest capex requirement



Properties boast lounges with picturesque views, advanced fitness centers, dog parks and grooming areas, rooftop swimming pools and rec areas, as well as ESG-driven features like EV charging stations, green roofs, and resident programs like rooftop beehives and Veris Farm.

We also allow residents to book private events in shared spaces, such as our lounges, rooftop areas, conference rooms and work pods-all providing additional income.



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Technology-Focused Approach

MODERN EFFICIENCIES

Our integrated suite of front office technology provides multifamily owners and operators the levers they need to improve efficiency, maximize NOI and effortlessly guide tenants from lead to lease.

MyVeris App The MyVeris app allows residents to pay rent, reserve amenities, RSVP to events and manage maintenance requests. It also serves as a communication tool.

Self-Service Leasing This service allows prospects to schedule and adjust appointments and lease apartments sight-unseen directly through our website.

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Virtual Tours Prospects can now remotely tour selected apartments via our website, allowing them to visualize their apartment home. Stats from this service also provide analytics and market insights to our teams.

Revenue Optimization Platform Analytical, informed approach to pricing, maximizing revenue for new leases and renewals.



PORTFOLIO Overview | Portfolio | ESG | Appendix



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ESG

Committed to ESG Initiatives

ENVIRONMENTAL

LEED

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Climate Community Leader Galvanizes all of the energy users in the building to reduce carbon and take real action to combat climate change

Green Certified 43% of wholly owned multifamily units Green Certified (LEED" or equivalent)

Renewable Electricity 100% renewable electricity procured for multifamily common areas and corporate offices under our operational control Scence Science Based Targets initiative Target of reducing Scope 1 and 2 emissions by 50% by 2030 compared to 2019 validated by the Science Based Targets initiative

CUMMTE GROUP EV100 First U.S. real estate company to become EV100 member



Committed to ESG Initiatives

SOCIAL & GOVERNANCE

We are part of the National Minority Supplier Development Council, as well as WBEC Metro NY, as part of our effort to connect with more local, women-owned and minority-owned businesses.

Great Place To Work' Certified We engaged an independent party to conduct our annual survey resulting in this certification

WELL Health-Safety 100% wholly owned multifamily properties certified

CIO FACTION CEO Action for POR RAVIESURY Diversity & Inclusion Our CEO, Mahbod Nia, joined the largest CEO-driven business commitment to DE&I

Leading ISS Quality Score We have a QualityScore rating of 1 for both Environmental and Social disclosures and 2 for Governance (with 10 representing the highest risk)

> GRESB Score: 5 Star We've earned a 5 Star rating for ESG Leadership and Performance in 2022, the highest score offered

Glass Lewis The Glass Lewis Proxy Paper places Veris Residential above the 90th percentile in the Finance sector

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ESG as Amenities

AHEAD OF THE CURVE

Today's apartment resident is more sustainably-conscious than ever-especially in our core markets. They don't want eco-friendly amenities and living spaces, they expect it. At Veris Residential, our vow to reducing our environmental impact pushes us ahead of our competitors.

EV Charging Stations We became the first U.S. based real estate company to join EV100, committing to 100% of our properties having EV charging stations by 2030. These appeal to the eco-conscious prospect and encourage residents to choose electric over gas, while saving transportation costs and helping the environment.

ENERGY STAR* Appliances All appliances are ENERGY STAR* products-they are the same or better than standard products, but use less energy.

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Walk Scores With a focus on urban markets, many of our communities receive a Walk Score of 90+, meaning daily errands don't require a car and public transportation is easily accessible.

Green Roofs We incorporate green roofs wherever possible, as they provide a rainwater buffer, purify the air, reduce ambient temperature, regulate indoor temperature, save energy and encourage biodiversity in the city.

Ecobee Smart Thermostats

Residents save up to 26% on annual heating and cooling costs through occupancy sensing technology, so they never heat or cool an empty apartment.

Composting Areas Composting areas will reduce trash and utilize compost for community garden beds.



Source* Hydropanels Installed at Quarry Place and being implemented at Haus25, Source* Hydropanels provide the world's first renewable water supply by using the power of the sun to extract clean drinking water from the air.

Bees

Bees We've partnered with Alveole to bring beehives to one of our buildings and have plans to add more. The bees provide honey for our residents and bring pollinators back to urban areas.

ESG Opportunities



LED LIGHTING

We transitioned common area and garage lighting to motion-sensor LED at 5 properties. Rebate opportunities covered 83% of our expenses, reducing payback period to only a few months.

Energy Reductions as of November 2022:

Kwh Reduced: 362,654

Kg CO2: 80,620

Cost Savings: \$69,000

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DEMAND RESPONSE

Eleven properties each executed seven Demand Response Events in Summer 2022.

Energy Reductions During Demand Management Events:

\$70,000 Utility Rate Reduction Anticipated for 2023

Kwh Reduced: 16,000

Kg CO2: 3,516



VERIS FARMS

Veris Farm is a modern, hydroponic farm. Veris Farm Corporate opened in March, with the BLVD Collection opening a Veris Farm in May. Hydroponic crops grow 3x faster and produce 30% more yield than traditional agricultural methods. They also use zero pesticides and herbicides with an integrative pest management.

Food Produced Since Opening in May:

Bags of greens: 3,131 bags

Pounds of Food: 718 lbs



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Information About Net Operating Income (NOI) Reconciliation of Net income (LOSS) to Net Operating Income (NOI)

	Q3 2022				Q4 2022			
	Multifamily	Office / Corp	Disc Ops	Total	Multifamily	Office / Corp	Total	
NET INCOME (LOSS)	(\$19,986)	(\$85,916)	-	(\$105,902)	(\$14,791)	\$55,686	\$40,894	
DEDUCT:								
Real estate services income	(886)	-	-	(886)	(888)	-	(888)	
Interest and other investment loss (income)	(152)	(128)	-	(280)	(1)	(101)	(102)	
Equity in (earnings) loss of unconsolidated joint venture	304	140	-	304	647	-	647	
General & Administrative - property level	(1,428)	-		(1,428)	(1,184)	-	(1,184)	
Realized and unrealized (gains) losses on disposition	5,100	-	-	5,100	3,000	(72,380)	(69,380)	
(Gain) loss on disposition of developable land	-	-	-	-	486	-	486	
(Gain) loss on sale of investment in unconsolidated joint venture		-	-	-	-	(7,677)	(7,677)	
(Gain) loss from early extinguishment of debt, net	-	-	-	-	-	1,014	1,014	
ADD:								
Real estate services expenses	2,704	48	-	2,752	2,479	35	2,514	
General and administrative	2,755	10,112	(4)	12,863	2,400	9,850	12,250	
Dead deal and transaction-related costs	-	-	-	-	-	2,119	2,119	
Depreciation and amortization	21,578	7,481	(99)	28,960	21,481	7,324	28,806	
Interest expense	19,866	2,271	-	22,137	21,832	1,339	23,171	
Property impairments	-	84,509	-	84,509	-	10,302	10,302	
Land impairments	2,536	-	-	2,536	-	-	-	
NET OPERATING INCOME (NOI)	\$32,391	\$18,377	(\$103)	\$50,665	\$35,461	\$7,510	\$42,971	

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Definitions

Net Blended Rental Growth Rate combines new lease and renewal lease growth rates. New lease growth rate refers to the difference in rent a new occupant of a unit is paying compared to the rent the unit's previous occupant was paying on a net effective basis. Renewal lease growth rate refers to the increase or decrease in monthly rent in a renewed lease compared to the previous lease on a net effective basis.

Average Effective Monthly Rent Per Home represents the average effective rent (net of concessions) for in-place leases and the market rent for vacant homes.

ORA™ score is an aggregate compilation of a property's ratings across various review sites. Each month, J Turner Research monitors the online ratings of more than 120,000 properties nationwide. Using a statistical model, a single score based on a scale of 0 to 100 is assigned to each property. Elite 1% ORA* Properties for 2021 is an annual ranking of the 128,000 properties assessed by ORA® nationally. The top 1% make it to the list, typically requiring a property score above 95.

Same Store includes properties that were owned for the entirety of the years being compared and exclude properties under redevelopment or development and properties acquired, sold or classified as held for sale during the years being compared.

V. CORPORATE PRESENTATION, MARCH 3, 2023

Thank You

THIS PRESENTATION HAS BEEN FORMATTED FOR SCREENS.
PLEASE CONSIDER THE ENVIRONMENT BEFORE PRINTING.

