

<TABLE>  
<CAPTION>

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

FORM 4  
APPROVAL

WASHINGTON, D.C. 20549

OMB

/ / CHECK THIS BOX IF NO  
3235-0287

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB NUMBER:

LONGER SUBJECT TO  
SEPTEMBER 30, 1998  
SECTION 16. FORM 4 OR  
AVERAGE BURDEN  
FORM 5 OBLIGATIONS MAY  
RESPONSE .... 0.5  
CONTINUE. SEE

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or  
Section 30(f) of the Investment Company Act of 1940

EXPIRES:  
ESTIMATED  
HOURS PER  
-----

INSTRUCTION 1(b).  
(Print or Type Responses)

<S><C>

1. Name and Address of Reporting Person\*  
Reporting Person(s)

2. Issuer Name AND Ticker or Trading Symbol

6. Relationship of

all applicable)

to Issuer (Check

X Director

10% Owner

Gruss

Martin

D.

Mack-Cali Realty Corporation (CLI)

----

Officer (give

Other

(Last)

(First)

(Middle)

3. IRS or Social Security

4. Statement for

----- title

---- (specify

Number of Reporting

Month/Year

below)

below

Person (Voluntary)

-----

c/o Mack-Cali Realty Corporation  
11 Commerce Drive

5/99

7. Individual or

Joint/Group Filing

(Street)

5. If Amendment,

(Check Applicable

Line)

Date of Original  X  Form filed by One

Reporting Person

(Month/Year)   Form filed by More

than One

Cranford, New Jersey 07016

Reporting Person

(City) (State) (Zip)  
BENEFICIALLY OWNED

TABLE I - NON-DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR

1. Title of Security

2. Trans-

3. Trans-

4. Securities Acquired (A)

5. Amount of

6. Owner-

7. Nature

action

action

or Disposed of (D)

Securities

ship

(Instr. 3)

Date

Code

(Instr. 3, 4 and 5)

Beneficially

Form:

direct

(Instr. 8)

Owned at

Direct Bene-

(Month/

End of

(D)

or ficial

Day/

Month

Indirect Owner-

Year)

(A) or

(I)

ship  
(Instr. 4) (Instr. 4)

Code V

Amount

(D)

Price

(Instr. 3

and 4)



<CAPTION>

7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned at End of Month (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Title	Amount or Number of Shares			

<S><C>

Common Stock	3,000	13,000	D	
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Explanation of Responses:

6/10/99

/s/ Martin D. Gruss

\*\*Intentional misstatements or omissions of facts constitute Date

\*\*Signature of Reporting Person

Federal Criminal Violations. SEE 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, SEE Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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